

# Hay Riverside Run - ALL TIME By % WR

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
1	Patricia Ronksley	00:23:09	VW 60-64	62	F	1	80.99	The Stragglers		1
2	Paul Millsom	00:21:28	VM 65-69	67	M	1	80.36	Vegan Runner		15
3	A. Davies	00:19:33	VM 50-54	54	M	2	77.83	Brecon AC		1
4	Rose Thomas	00:28:14	VW 70-74	72	F	2	77.80	Rhayader R.C.		46
5	David Rees	00:23:54	VM 70-74	72	M	3	77.34	Hay Hotfooters		23
6	Menna Angharad	00:25:15	VW 60-64	64	F	3	77.29			1
7	Louis Thomas	00:20:30	VM 55-59	57	M	4	76.02			2
8	Ben Merriman	00:18:00	JM 15-17	16	M	5	75.46	Hay Hotfooters	Y	8
9	Richard Docwra	00:19:24	VM 45-49	49	M	6	75.43			1
10	Gary James	00:20:41	VM 55-59	57	M	7	75.34	Crickhowell Runne		1
11	Gabriel Davies	00:23:35	JW 11-14	11	F	4	74.98			1
12	Vickie Wilkinson	00:21:13	VW 40-44	44	F	5	74.23	Cheltenham Harrie		8
13	Steve Goodridge	00:21:44	VM 60-64	61	M	8	74.08	Brecon AC		112
14	Liam Corner	00:20:18	VM 50-54	52	M	9	73.73			5
15	Martyn Rosser	00:25:23	VM 70-74	73	M	10	73.67	Hay Hotfooters		35
16	Patrick Morgan	00:18:29	JM 15-17	16	M	11	73.49	Hay Hotfooters		20
17	Sharon Collins	00:24:26	VW 55-59	59	F	6	73.19	Hay Hotfooters		103
18	Martin Carter	00:21:29	VM 55-59	58	M	12	73.08	Hereford Couriers		29
19	Sue Davies	00:24:16	VW 55-59	57	F	7	72.87	Brecon AC		25
20	Hugo Richardson	00:20:20	JM 11-14	14	M	13	72.70			1
21	Caleb Mcguire	00:17:45	JM 15-17	17	M	14	72.68	Aberdeen Athletics	Y	4
22	George Daly	00:18:59	VM 40-44	43	M	15	72.52	Bristol AC		5
23	Tina Lavelle	00:27:24	VW 65-69	65	F	8	72.51	Hay Hotfooters		39

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24	Pat Brister	00:28:02	VW 65-69	67	F	9	72.41	Hay Hotfooters		11
25	Rosie Evans	00:22:52	JW 11-14	14	F	10	71.72			4
26	John Price	00:23:24	VM 65-69	65	M	16	71.51	Hay Hotfooters		116
27	Dale Williams	00:19:34	VM 40-44	44	M	17	71.47	Brecon AC		3
28	Paul Horton	00:21:42	VM 55-59	56	M	18	71.27	Frome RC		1
29	Ned Collins	00:19:47	JM 15-17	15	M	19	71.27	Hay Hotfooters		33
30	Oliver Baulch	00:19:01	VM 40-44	42	M	20	71.25	Hay Hotfooters		2
31	Brychan Price - Davies	00:18:08	JM 15-17	17	M	21	71.14	Brecon AC	Y	1
32	Nye Turner	00:25:27	JW 10	10	F	11	70.86	Brecon AC		5
33	Gill Evans	00:26:28	VW 60-64	62	F	12	70.84	Shrewsbury Athleti		1
34	Matias Coombs	00:23:38	VM 65-69	65	M	22	70.80	Mynydd Du		3
35	Lesley Ashton	00:27:39	VW 60-64	64	F	13	70.58	Vegan Runner		13
36	Sharon Lindesay	00:24:27	VW 50-54	53	F	14	70.42	Hay Hotfooters		40
37	Sara Lake	00:24:28	VW 50-54	53	F	15	70.37	Hay Hotfooters		45
38	Dave Prosser-Painting	00:20:41	VM 45-49	48	M	23	70.27			11
39	Sue Hackett	00:25:37	VW 60-64	60	F	16	70.20	Hay Hotfooters		40
40	John Warburton	00:21:54	VM 55-59	55	M	24	70.09	Hay Hotfooters		37
41	Emma Frost	00:24:50	VW 50-54	54	F	17	69.87	Hay Hotfooters		20
42	Evan Price - Davies	00:18:28	JM 15-17	17	M	25	69.86	Brecon AC		7
43	Sam Hawking	00:20:30	VM 45-49	46	M	26	69.84			1
44	Bethan Logan	00:20:53	VW 35-39	35	F	18	69.75	Mynydd Du		1
45	Kevin Davies	00:23:19	VM 60-64	62	M	27	69.69			1
46	Malc Gonnella	00:24:49	VM 65-69	67	M	28	69.51	Fairwater Cwmbra		1
47	Sue Richards	00:29:13	VW 65-69	67	F	19	69.48	Hay Hotfooters		108
48	Owen Bowers	00:20:34	VM 45-49	45	M	29	69.21	Brecon Triathlon		7
49	Alan HARRY	00:30:19	vm 80-84	80	M	30	69.16	Hay Hotfooters		129

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50	Brian Morgan	00:21:50	VM 50-54	53	M	31	69.08	Hay Hotfooters		53
51	Joe Collins	00:18:26	JM 18-19	19	M	32	68.99	Hay Hotfooters		22
52	Greg Chance	00:19:43	VM 40-44	42	M	33	68.72	Bristol AC		3
53	Mick Collins	00:22:51	VM 55-59	58	M	34	68.71	Hay Hotfooters		81
54	Andrew Simms	00:22:47	VM 55-59	57	M	35	68.40	Herne Hill Harriers		1
55	Ruth Stafford	00:23:58	VW 45-49	47	F	20	67.87	Maldwyn Harriers		1
56	Carol Oswell	00:26:08	VW 55-59	57	F	21	67.67			1
57	Iwan Evans	00:21:39	VM 45-49	49	M	36	67.59	Brecon AC		6
58	Philip Whitely	00:23:23	VM 55-59	59	M	37	67.57			1
59	Paul McDermott	00:23:24	VM 55-59	59	M	38	67.52	Hay Hotfooters		45
60	Eric Chappell	00:19:45	VM 40-44	41	M	39	67.51			11
61	Jeff Kay	00:23:48	VM 60-64	60	M	40	67.02	Hay Hotfooters		5
62	Mark Hird	00:24:29	VM 60-64	63	M	41	66.98	Hay Hotfooters		80
63	David Gilbert	00:24:16	VM 60-64	62	M	42	66.96			1
64	Melody Cook	00:26:52	VW 60-64	60	F	22	66.94	Newent		4
65	Greg Cramer	00:20:34	VM 40-44	43	M	43	66.94			1
66	John Taylor	00:25:02	VM 65-69	65	M	44	66.84	The Stragglers		1
67	Greg McElian	00:25:45	JM 10	8	M	45	66.73			1
68	Laila Denham	00:24:40	JW 11-14	13	F	23	66.62			1
69	Dave Griffiths	00:26:42	VM 65-69	69	M	46	66.60	The Stragglers		1
70	Richard Elston	00:18:54	SM	28	M	47	66.58	Bristol & West		1
71	Matthew Price	00:22:15	JM 11-14	14	M	48	66.44			14
72	Pete Flynn	00:22:12	VM 50-54	50	M	49	66.37	Wye Valley Runner		1
73	Claire Pringle	00:26:30	VW 55-59	56	F	24	66.35	Swindon Shin Splin		1
74	Andrew Merriman	00:22:05	VM 45-49	49	M	50	66.26	Hay Hotfooters		10
75	Matthew Haynes	00:21:39	VM 45-49	46	M	51	66.13	Builth & District R.		3

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76	Mark Davies	00:24:22	VM 60-64	61	M	52	66.07	Hay Hotfooters		10
77	Rob Hinton	00:23:47	VM 55-59	58	M	53	66.01			1
78	Peter Price	00:20:35	JM 15-17	16	M	54	65.99			9
79	Neal Smith	00:23:42	VM 55-59	57	M	55	65.75	Hay Hotfooters		10
80	Alex Coomber	00:24:06	JM 10	10	M	56	65.63			8
81	Jack Ockle?	00:21:30	JM 15-17	15	M	57	65.58			1
82	Kevin Dunster	00:24:33	VM 60-64	61	M	58	65.58	Hay Hotfooters		26
83	Eleanor Griffiths	00:21:32	SW 30-34	34	F	25	65.56	Hay Hotfooters		58
84	Haydyn O'Reilly	00:20:02	VM 40-44	40	M	59	65.47	Builth & District R.		2
85	Stuart Jennings	00:19:14	SM	30	M	60	65.42			1
86	Andrew Denham	00:21:23	VM 40-44	44	M	61	65.39			1
87	Nigel Owen	00:24:52	VM 60-64	62	M	62	65.35	Hay Hotfooters		11
88	Paul Tree	00:23:40	VM 55-59	56	M	63	65.35	Hay Hotfooters		30
89	Dai Ricketts	00:20:49	JM 15-17	16	M	64	65.25	Brecon AC		1
90	Daniel King	00:19:17	SM 25-29	26	M	65	65.25			2
91	Geoff Brister	00:28:03	VM 70-74	71	M	66	65.12	Hay Hotfooters		7
92	Thomas Portocarero	00:23:53	JM 11-14	13	M	67	65.11			6
93	Alan Nicholls	00:28:26	VM 70-74	72	M	68	65.01	Hay Hotfooters		70
94	Paul Smith	00:22:22	VM 45-49	48	M	69	64.98	Hay Hotfooters		49
95	Gerard Steiert	00:26:11	VM 65-69	66	M	70	64.86			1
96	Janak Subberwal	00:20:57	JM 15-17	16	M	71	64.84	Hay Hotfooters		2
97	Chris Speirs	00:22:16	VM 45-49	47	M	72	64.82			5
98	Jack Dale	00:20:59	JM 15-17	16	M	73	64.73			13
99	Tom Jennings	00:24:07	VM 55-59	57	M	74	64.62	Mayo Athletics Clu		1
100	James Walton	00:22:03	VM 45-49	45	M	75	64.55	Hay Hotfooters		44
101	Ian Ferguson	00:28:00	VM 70-74	70	M	76	64.46			1

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102	Emily Williams	00:21:59	SW 30-34	32	F	26	64.22			3
103	Graham Crewe	00:25:33	VM 60-64	63	M	77	64.19			1
104	Andy Dix	00:22:58	VM 50-54	50	M	78	64.15			1
105	Angela Price	00:26:51	VW 50-54	53	F	27	64.12	Hay Hotfooters		12
106	Dilek Usta-Aarons	00:25:24	VW 45-49	47	F	28	64.04	Hay Hotfooters		46
107	James Pace	00:22:33	VM 45-49	47	M	79	64.01			5
108	Ollie Wilkinson	00:22:49	VM 45-49	48	M	80	63.70			30
109	Richard Morris	00:22:49	VM 45-49	48	M	81	63.70	Fulham Running Cl		2
110	Ceridwen Carter	00:29:11	JW 10	8	F	29	63.62			12
111	David Harris	00:25:20	VM 60-64	61	M	82	63.55	Meads Runners		1
112	Edward Boyles	00:19:50	SM 30-34	34	M	83	63.45			1
113	Bill Phelps	00:24:45	VM 55-59	58	M	84	63.43	New Eltham Jogge		1
114	Ramon Portocarero	00:23:48	VM 50-54	53	M	85	63.38			8
115	Ellie Merriman	00:22:17	JW 18-19	20	F	30	63.35	Hay Hotfooters		6
116	Alan Huckle	00:24:58	VM 55-59	59	M	86	63.28			1
117	Peter Flynn	00:23:28	VM 50-54	51	M	87	63.28	Wye Valley Runner		5
118	Terryl Morgan	00:29:03	VW 60-64	61	F	31	63.22			1
119	Will Ford	00:22:13	VM 40-44	44	M	88	62.94	Hay Hotfooters		21
120	Theo Turner	00:25:09	JM 11-14	11	M	89	62.89			2
121	Tam Emmett	00:25:09	JM 11-14	11	M	90	62.89			2
122	Pete Jones	00:23:29	VM 50-54	50	M	91	62.74			17
123	J. Versicoyle?	00:20:17	JM 18-19	19	M	92	62.70			1
124	Jo Mahi	00:28:04	VW 55-59	56	F	32	62.65			1
125	Dan Ricketts	00:22:31	JM 15-17	15	M	93	62.62	Brecon AC		1
126	Peter Summers	00:20:46	VM 35-39	37	M	94	62.52	Hay Hotfooters		45
127	James Mclean	00:22:05	VM 40-44	43	M	95	62.34			5

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128	Daniel Ricketts	00:22:37	JM 15-17	15	M	96	62.34	Brecon AC		2
129	Isobel Hinton	00:28:25	VW 55-59	57	F	33	62.23			1
130	Martin Smith	00:26:40	VM 60-64	64	M	97	62.12	White Horse Harri		1
131	Bethan Logan	00:22:45		31	F	34	62.05	Hay Hotfooters		1
132	Dan Bufton	00:24:45	VM 55-59	55	M	98	62.02	Builth & District R.		1
133	Simon Evans	00:24:10	VM 50-54	52	M	99	61.93	Avon Valley Runne		2
134	Daniel O	00:20:20	SM	31	M	100	61.89			1
135	Imme Davies	00:26:48	VW 45-49	49	F	35	61.88	Hay Hotfooters		2
136	Joe Emmett	00:22:15	VM 40-44	43	M	101	61.87			1
137	Thomas Evans	00:25:35	JM	11	M	102	61.82	Brecon AC		4
138	Fay Lantos	00:27:38	VW 50-54	52	F	36	61.76	Hay Hotfooters		4
139	Dobs O'Brien	00:24:39	VM 50-54	54	M	103	61.73			1
140	Dan Clewley	00:21:03	VM 35-39	37	M	104	61.68			1
141	Nick Tickner	00:23:05	VM 45-49	45	M	105	61.66			1
142	Charles Portocarero	00:24:00	JM 11-14	14	M	106	61.60			7
143	Jill Grundy	00:28:34	VW 55-59	56	F	37	61.55	Hay Hotfooters		50
144	Gordon Bryant	00:23:59	VM 50-54	50	M	107	61.43			1
145	Julian Lockwood	00:24:35	VM 50-54	53	M	108	61.36			1
146	Sue Williams	00:28:33	VW 55-59	55	F	38	61.24			5
147	Kevin Brady	00:23:37	VM 45-49	47	M	109	61.12	White Horse Harri		5
148	Andy Blake	00:26:50	VM 60-64	63	M	110	61.12			2
149	Mandy Naylor	00:28:57	VW 55-59	57	F	39	61.08			1
150	Beth Tindle	00:29:19	VW 55-59	59	F	40	61.00			1
151	Liz Harvey	00:25:00	VW 40-44	41	F	41	61.00	Hay Hotfooters		30
152	Mike Pringle	00:26:30	VM 60-64	61	M	111	60.75	Swindon Shin Splin		1
153	Jack Roberts	00:20:43	SM	33	M	112	60.74			4

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154	Rich Coomber	00:22:20	VM 40-44	42	M	113	60.67	Hay Hotfooters		6
155	Nick Wells	00:25:05	VM 50-54	54	M	114	60.66	Hay Hotfooters		44
156	Michael Lord	00:25:43	VM 55-59	57	M	115	60.60			1
157	Lucy Jardine	00:28:54	VW 55-59	55	F	42	60.50	Hay Hotfooters		26
158	Oliver Wilkinson	00:23:44	VM 45-49	46	M	116	60.32			2
159	Martin Smith	00:23:37	VM 45-49	45	M	117	60.27	Petts Wood Runne		1
160	Jon Turtle	00:21:43	VM 35-39	39	M	118	60.25	Vegan Runner		1
161	John Kingsnorth	00:28:38	VM 65-69	67	M	119	60.24	Sittingbourne Strid		1
162	Jo Ricketts	00:27:32	VW 45-49	49	F	43	60.23			3
163	Emily Sayce	00:34:59	JW 10	5	F	44	60.22			1
164	Jo James	00:29:32	VW 55-59	58	F	45	60.21	Crickhowell Runne		2
165	Addy Carter	00:23:28	SF	21	F	46	60.16	Hereford Couriers		7
166	Alex Tickner	00:23:27	JM 15-17	15	M	120	60.13			1
167	Paul Hodges	00:26:19	VM 55-59	59	M	121	60.04			1
168	Sue Mawby	00:29:59	VW 60-64	60	F	47	59.98			11
169	James Taylor	00:21:00	SM 25-29	27	M	122	59.92	Hay Hotfooters		1
170	Ali Allen	00:29:22	VW 55-59	56	F	48	59.88			1
171	Julie Ruta	00:29:33	VW 55-59	57	F	49	59.84			1
172	Helen Corbishley	00:26:39	VW 45-49	45	F	50	59.79			1
173	Charlotte Lewis	00:29:35	JW 11-14	11	F	51	59.77			2
174	Mark Norman	00:21:46	VM 35-39	37	M	123	59.65	Chorlton Runners		1
175	Marcie Ferros	00:28:54	VW 50-54	53	F	52	59.57			2
176	Rosie Richards	00:23:42	SW 30-34	32	F	53	59.56			1
177	Nicki Wiggins	00:29:24	VW 55-59	55	F	54	59.47			1
178	Jim Sawle	00:24:05	VM 45-49	46	M	124	59.45			1
179	Adam Cook	00:22:26	VM 40-44	41	M	125	59.44			3

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180	Helena Van Hollen	00:26:19	JW 15-17	15	F	55	59.34			1
181	Lois Jones	00:24:55	VW 35-39	37	F	56	59.33			8
182	Charlie Howarth	00:24:55	JM 11-14	14	M	126	59.33			1
183	Angus Rose	00:25:28	VM 50-54	53	M	127	59.23			1
184	Sarah Miles-Griffiths	00:30:02	VW 55-59	58	F	57	59.21	Hay Hotfooters		9
185	Noah Barnes	00:26:16	JM	13	M	128	59.20			3
186	Ewan Gill	00:26:20	JM 11-14	13	M	129	59.05			1
187	Rajan Subberwal	00:27:50	VW 45-49	48	F	58	59.04			2
188	Sophie Norman	00:32:40	JW 10	7	F	59	59.03			3
189	Ruth Huddleston	00:28:55	VW 50-54	52	F	60	59.02			3
190	Tom Thorneycroft	00:23:42	VM 40-44	44	M	130	59.00	Hay Hotfooters		1
191	Crispin ELT	00:28:06	VM 60-64	64	M	131	58.96			5
192	S A Leighton	00:35:31	VW 70-74	70	F	61	58.94			1
193	Katherine Allen	00:31:13	VW 60-64	61	F	62	58.84			1
194	Gay Nash	00:35:15	VW 65-69	69	F	63	58.82			3
195	Harrison May	00:21:24	SM 30-34	33	M	132	58.80			2
196	Emma Rawlins	00:29:45	VW 55-59	55	F	64	58.77	Hay Hotfooters		1
197	Ryan Lee	00:21:28	SM	26	M	133	58.62			4
198	Liz Davies	00:26:01		41	F	65	58.62			5
199	Rachel Jones	00:28:02	VW 45-49	48	F	66	58.62	Hay Hotfooters		4
200	Susan Clarke	00:30:02	VW 55-59	56	F	67	58.55			1
201	Neil Stone	00:27:15	VM 60-64	60	M	134	58.53	Brecon AC		4
202	Gregg Scarrott	00:24:30	VM 45-49	46	M	135	58.44			1
203	Melanie Maltz	00:28:44	VW 50-54	50	F	68	58.35			1
204	Jo Nicholl	00:29:31	VW 50-54	53	F	69	58.33			13
205	Edith Rose	00:28:44	JW 11-14	12	F	70	58.29			1



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206	Edna Stuart	00:34:08	VW 65-69	65	F	71	58.20			3
207	Ken Brearley	00:27:42	VM 60-64	61	M	136	58.12			1
208	Lily Bryant	00:25:42	JW 18-19	18	F	72	57.98			1
209	Steve Turk	00:26:29	VM 55-59	55	M	137	57.96	Shrewsbury Athleti		1
210	Cath Kramer	00:30:52	VW 55-59	59	F	73	57.94	Hay Hotfooters		33
211	Lottie Ford	00:33:18	JW 10	7	F	74	57.91			1
212	Thomas H <del>ö</del> ner	00:24:36	VM 45-49	45	M	138	57.86			1
213	Jessie Harcourt	00:30:13	VW 55-59	55	F	75	57.86			1
214	Michael Gray	00:22:27	VM 35-39	37	M	139	57.83			4
215	Cath Hughes	00:30:48	VW 55-59	58	F	76	57.74			8
216	Adam Corbett	00:22:12	JM 18-19	18	M	140	57.73			3
217	Philip Morris	00:25:00	VM 45-49	47	M	141	57.73	Hay Hotfooters		29
218	Josephine Crowe	00:29:53	VW 50-54	53	F	77	57.61			1
219	Jack Biggs	00:21:51	SM 25-29	25	M	142	57.59			1
220	Taylor Jones	00:24:32	SW 25-29	26	F	78	57.54	Hay Hotfooters		20
221	Simon Jones	00:29:59	VM 65-69	67	M	143	57.53	Hook Norton Harri		1
222	Matthew Lockyer	00:28:32	VM 60-64	63	M	144	57.48			1
223	Greg Songs	00:22:41	VM 35-39	38	M	145	57.46			1
224	Milo Welch	00:21:56	SM	23	M	146	57.37			1
225	Polly Owen	00:30:02	VW 50-54	53	F	79	57.33			1
226	Mandy Meredith	00:29:16	VW 45-49	50	F	80	57.29	Hay Hotfooters		5
227	Ashley Lovett	00:26:34	VM 50-54	54	M	147	57.28			1
228	Freddie Russell-Pavier	00:21:58	SM	29	M	148	57.28	Strive Tees		2
229	Joshua Evans	00:21:58	SM	33	M	149	57.28			2
230	Adam Hayes	00:21:59	SM 25-29	29	M	150	57.24			1
231	Mickey Price	00:22:42	VM 35-39	37	M	151	57.20	Marlow Striders		1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
232	Rhys Sayce	00:28:29	JM 10	9	M	152	57.17			1
233	Heidi Jackson	00:24:43	SW	26	F	81	57.11			1
234	Nick Blayney	00:29:19	VM 65-69	65	M	153	57.08	Hay Hotfooters		6
235	Liz Davies	00:27:58	VW 45-49	45	F	82	56.97			9
236	Amy Rosser	00:25:49	VW 35-39	36	F	83	56.88			1
237	George Brady	00:24:50	JM 15-17	15	M	154	56.78			1
238	Isobel Sanders	00:26:04	JW 18-19	19	F	84	56.78			1
239	Greg Barnes	00:26:35	VM 50-54	53	M	155	56.74			3
240	Tom Jones	00:22:11	SM 25-29	29	M	156	56.72	Hay Hotfooters		1
241	Graham Pulling	00:24:17	VM 40-44	43	M	157	56.69			1
242	Hattie Tree	00:29:00	JW 11-14	13	F	85	56.67			8
243	Diego Ponce	00:22:52	VM 35-39	36	M	158	56.56			2
244	Harrison Brady	00:22:50	JM 15-17	17	M	159	56.50			2
245	Vicky Walker	00:25:00	SW 30-34	34	F	86	56.47			1
246	Carl Styán	00:23:10	VM 35-39	39	M	160	56.47			2
247	Fred Russell-Pavier	00:22:18	SM	29	M	161	56.43			1
248	David Bartlett	00:27:50	VM 55-59	58	M	162	56.41			3
249	Becca Mason	00:25:02	SF	26	F	87	56.39			2
250	Pete Judge	00:28:02	VM 55-59	59	M	163	56.36			1
251	Darrell Morgan	00:27:17	VM 55-59	55	M	164	56.26			1
252	Huw Walton	00:28:07	JM	11	M	165	56.25			6
253	Peter Rhodes	00:31:11	VM 65-69	68	M	166	56.17	Malvern Joggers		2
254	Mike White	00:25:42	VM 45-49	47	M	167	56.16			1
255	Tim Sheppard	00:24:10	VM 40-44	42	M	168	56.07			5
256	Felicity Gill	00:27:32	VW 40-44	42	F	88	55.99	Hay Hotfooters		28
257	Ashley Ricketts	00:27:52	JM 11-14	12	M	169	55.98			3

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
258	Joe Skyrme	00:22:29	SM 25-29	25	M	170	55.97			2
259	James Kinsey Jones	00:22:30	SM 30-34	30	M	171	55.93			4
260	James Jones	00:22:30	SM	31	M	172	55.93			1
261	Owen Price-Davies	00:27:55	JM 11-14	12	M	173	55.88			2
262	Chris Bloomer	00:23:12	VM 35-39	36	M	174	55.75			1
263	Miriam Kempsov	00:31:47	VW 55-59	57	F	89	55.64	Chiltern Harriers A		1
264	Liz Rynenberg	00:33:50	VW 60-64	62	F	90	55.42	Brecon AC		3
265	Emma Beagley	00:27:15		40	F	91	55.35			5
266	Caroline Clayton	00:32:22	VW 55-59	59	F	92	55.25			1
267	Jessica Searle	00:26:50	JW 18-19	19	F	93	55.16			1
268	Hugo Roger-Brown	00:26:56	VM 50-54	51	M	175	55.14			1
269	Nigel Jones	00:28:40	VM 55-59	59	M	176	55.12			1
270	Andrew Ritchie	00:26:44	VM 50-54	50	M	177	55.11	Hay Hotfooters		33
271	Rory Hird	00:22:50	SM 25-29	27	M	178	55.11			2
272	Jane Milligan	00:30:09	VM 45-49	49	F	94	55.00			1
273	Chris Eade	00:26:03	VM 45-49	46	M	179	54.96			1
274	James M Morgan	00:25:04	VM 40-44	43	M	180	54.92			1
275	Pete Connors	00:28:36	VM 55-59	58	M	181	54.90			1
276	Harry Evans	00:28:51	JM	11	M	182	54.82	Brecon AC		3
277	Tom Hird	00:22:58	SM	33	M	183	54.79			4
278	Bea Sampson	00:33:00	JW 10	10	F	95	54.65			1
279	Clive Morrison	00:29:29	VM 60-64	61	M	184	54.61	Run Sandymor		2
280	Mark Simpson	00:28:21	VM 55-59	56	M	185	54.56			1
281	Cara Perfrement	00:29:13	VW 45-49	45	F	96	54.54	Brecon AC		1
282	Mel Constable	00:28:16	VW 40-44	42	F	97	54.54			1
283	Lily Milligan	00:30:05	JM 11-14	14	F	98	54.52			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
284	Maik Van Den Berg	00:23:56	VM 35-39	38	M	186	54.46			4
285	Harriet Holliday	00:25:59	SW 25-29	29	F	99	54.33			1
286	Connie Rodger	00:25:59	SW 25-29	26	F	100	54.33			1
287	Izzy Goodridge	00:27:35		17	F	101	54.32	Hay Hotfooters		9
288	Duncan Tindle	00:23:10	SM 25-29	26	M	187	54.32			1
289	Ffion Ledger	00:33:01	JW 10	9	F	102	54.32			2
290	Johnny Kramer	00:28:42	VM 55-59	57	M	188	54.30	Hay Hotfooters		10
291	Ruth McDermott	00:32:56	VW 55-59	59	F	103	54.30	Hay Hotfooters		38
292	Stefan Lasota	00:23:49	VM 35-39	36	M	189	54.30			1
293	Ellie Ford	00:33:16	JW 10	10	F	104	54.21			3
294	Luke Huddleston	00:28:47	JM 11-14	12	M	190	54.20			2
295	Penny Hurt	00:36:41	VW 65-69	65	F	105	54.16			1
296	Ewelina Skolinowska	00:27:08	VW 35-39	36	F	106	54.12	Black Pear Joggers		1
297	Bryan Clee	00:27:40	VM 50-54	52	M	191	54.10			1
298	Owen Stewart	00:23:18		33	M	192	54.01			2
299	Mark Thomas	00:30:22	VM 60-64	63	M	193	54.01	The Stragglers		2
300	Jill Williams	00:29:10		44	F	107	54.00			1
301	Hannah Summers	00:27:13	VW 35-39	36	F	108	53.95			1
302	Emma Robertson	00:32:59	VW 55-59	58	F	109	53.92			1
303	Matthew Evans	00:25:58	VM 40-44	44	M	194	53.85			7
304	Will Werrely	00:23:24	SM	32	M	195	53.77			1
305	Adam Gregory	00:24:22	VM 35-39	39	M	196	53.69			10
306	Anya Gardner	00:29:06	JW 15-17	15	F	110	53.67			1
307	Matt Sears	00:26:56	VM 45-49	47	M	197	53.59	Hay Hotfooters		3
308	Pam Ryan	00:33:00	VW 55-59	57	F	111	53.59			5
309	Honor Barratt	00:31:18	VW 50-54	50	F	112	53.57			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
310	Stuart Bourne	00:27:57	VM 50-54	52	M	198	53.55			2
311	Joe Filbert	00:23:34	SM	26	M	199	53.39			1
312	Alonso Ponce	00:30:31	JM 10	9	M	200	53.36			4
313	D Rosnett??	00:29:26	VM 55-59	58	M	201	53.34			1
314	Rosie Leydon	00:39:18	VW 70-74	70	F	113	53.27			1
315	Libby Mitchell	00:39:18	VW 70-74	70	F	114	53.27			1
316	Derek Lake	00:31:08	VM 60-64	64	M	202	53.21			1
317	Jo Brady	00:30:57	VW 45-49	48	F	115	53.10			3
318	Charlotte Barlow	00:27:39	VW 35-39	36	F	116	53.10	Hay Hotfooters		28
319	Clare Davies	00:31:35	VW 45-49	50	F	117	53.09			8
320	Chris Cairp?	00:28:40	VM 50-54	54	M	203	53.08			1
321	Jo Silverwood	00:28:14	VW 35-39	39	F	118	53.07			14
322	Joe Cruxon	00:23:45	SM 30-34	30	M	204	52.98			3
323	Freya Fiddes?	00:28:29	VW 40-44	40	F	119	52.95			1
324	Lucie Bouard	00:26:40	SW	32	F	120	52.94	White Horse Harri		1
325	Amy Newton	00:26:40	SW 30-34	34	F	121	52.94			1
326	Tim Marsh	00:27:50	VM 50-54	50	M	205	52.93			1
327	Clare Thompson	00:29:47		44	F	122	52.88			2
328	Chloe Sanham	00:27:46	VW 35-39	36	F	123	52.88			2
329	William Stallabrass	00:32:32	JM 10	8	M	206	52.82			1
330	Peter Jones	00:27:56	VM 50-54	50	M	207	52.74			1
331	Phil Morris	00:27:23	VM 45-49	47	M	208	52.71	Hay Hotfooters		10
332	Kitty Evans	00:26:48	SW 20-24	24	F	124	52.67			1
333	Danny Clenaghan	00:29:38	VM 55-59	57	M	209	52.59	Hay Hotfooters		1
334	Thomas Hinchliff	00:23:56	SM	24	M	210	52.58			1
335	Daniel Sheen	00:24:57	VM 40-44	40	M	211	52.57	Pembrokeshire Tri		2

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
336	Chris Ruta	00:30:04	VM 55-59	59	M	212	52.55			1
337	Fiona Rhodes	00:37:16	VW 60-64	64	F	125	52.37	Malvern Joggers		1
338	George Wordley	00:24:02	SM 30-34	32	M	213	52.36			3
339	Chris Gill	00:26:43	VM 40-44	44	M	214	52.34			1
340	Andrew Craddock	00:25:04	VM 40-44	40	M	215	52.33			1
341	Francisco Ponce	00:24:51	VM 35-39	37	M	216	52.25			4
342	Tom Todd	00:24:05	SM 30-34	32	M	217	52.25			2
343	Ellen Farnham	00:28:19	VW 35-39	37	F	126	52.21			1
344	Nicola Bradbury	00:29:51		43	F	127	52.21			2
345	James Davis	00:25:33	VM 40-44	41	M	218	52.19			1
346	Kate Hird	00:27:03	SW	31	F	128	52.19			2
347	Gemma Kulk	00:28:33	VW 35-39	38	F	129	52.13			1
348	Lex Forster	00:26:26	VM 40-44	43	M	219	52.08			1
349	Emma Anderson	00:29:20	VW 40-44	41	F	130	51.99			10
350	Lucy Andrews Hird	00:27:10	SW 30-34	34	F	131	51.96			3
351	Emily Hinchelwood	00:33:53	VW 55-59	56	F	132	51.89			1
352	Oakley Shutts	00:33:10	JM	8	M	220	51.81			1
353	Paddy Selby	00:30:35	JM	11	M	221	51.72			1
354	Isobel Riley	00:27:19	SW 30-34	34	F	133	51.68			1
355	Andrew Cleal	00:30:56	VM 60-64	60	M	222	51.56			5
356	Paul Dawsey	00:28:35	VM 50-54	50	M	223	51.55			1
357	Ellie Jones	00:27:23	SF	26	F	134	51.55	City of Birmingham		1
358	Meriel Ascott	00:33:25	VW 50-54	53	F	135	51.52			1
359	Daniel Aarons	00:30:19	JM 11-14	12	M	224	51.46			2
360	Lara Huddleston	00:31:58	JW 11-14	13	F	136	51.41			2
361	Nick Thompson	00:25:57	VM 40-44	41	M	225	51.38			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
362	David French	00:33:04	VM 65-69	66	M	226	51.36			1
363	Tom Stallabrass	00:30:49	JM 11-14	11	M	227	51.33			1
364	Geoff Pownall	00:30:36	VM 55-59	58	M	228	51.31			1
365	Mark Barratt	00:28:20	VM 45-49	48	M	229	51.29			1
366	Rosie Elphinstone	00:29:05	VW 35-39	38	F	137	51.17			2
367	Sheenagh Finnie	00:30:47	VW 40-44	44	F	138	51.16			5
368	Matt Evans	00:27:21	VM 40-44	44	M	230	51.13			1
369	Loo Johnson	00:33:09	VW 50-54	51	F	139	51.03	Hay Hotfooters		1
370	Natalie Connors	00:27:41	SW 25-29	27	F	140	50.99	Hay Hotfooters		16
371	Emma Price	00:31:55	VW 45-49	47	F	141	50.97			1
372	Stefano Bertazzoli	00:24:42	SM 30-34	31	M	231	50.94			1
373	Sioned Morgan	00:34:04	VW 50-54	54	F	142	50.93	Straggers RC		2
374	Liam Howe	00:24:44	SM	24	M	232	50.88			1
375	Dan McCallum	00:30:11	VM 55-59	55	M	233	50.86			1
376	Isobelle Keith	00:27:48	SW 30-34	33	F	143	50.78			3
377	Matthew Stallabrass	00:28:02	VM 45-49	45	M	234	50.77			4
378	Jen Blake	00:27:49	SW 25-29	28	F	144	50.75			3
379	Catherine Hughes	00:34:12	VW 50-54	54	F	145	50.73			4
380	Priscilla Tickner	00:31:46	VW 45-49	46	F	146	50.68			1
381	Alisha Herdman	00:27:53	SF	25	F	147	50.63			1
382	Donna Woodward	00:31:30	VW 40-44	45	F	148	50.58			7
383	Josh Arnett	00:24:53	SM	28	M	235	50.57			6
384	Charlie Williams	00:34:06	JM 10	8	M	236	50.39			1
385	Greg Stoves	00:26:05	VM 35-39	39	M	237	50.16			9
386	Liz Oxley	00:34:20	VW 50-54	53	F	149	50.15			1
387	Alex O'Brien	00:34:20	VW 50-54	53	F	150	50.15			2

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
388	Megan Ellis	00:28:13	SW 30-34	30	F	151	50.03			2
389	Joeski Rogerson	00:25:10	SM 30-34	31	M	238	50.00			
390	Tanya Warburton	00:34:09	VW 50-54	52	F	152	49.98			14
391	Cai Skyrme	00:29:38	JM 11-14	14	M	239	49.89			1
392	Jo Maurice	00:35:09	VW 55-59	55	F	153	49.74			3
393	Paul Ward-Willis	00:27:15	VM 40-44	42	M	240	49.72			2
394	Gayle Brister	00:30:23	VW 40-44	40	F	154	49.64			1
395	Victoria Hall	00:28:27	SW 30-34	34	F	155	49.62			1
396	Lisa Ryan	00:28:36	SW 30-34	33	F	156	49.36			6
397	Lauren Smith	00:28:36	SF	30	F	157	49.36	Hay Hotfooters		1
398	Jack Coles	00:34:49	JM	8	M	241	49.35			1
399	Caroline Wright	00:30:55	VW 40-44	41	F	158	49.33			2
400	James Hancock	00:26:14	VM 35-39	36	M	242	49.30			1
401	Faith Bancroft	00:32:21	VW 45-49	45	F	159	49.25			3
402	Phoebe Goodridge	00:31:07	JW 15-17	16	F	160	49.17			1
403	Sarah Morris	00:35:58	VW 55-59	57	F	161	49.17			1
404	Colin McDonald	00:31:05	VM 50-54	54	M	243	48.95			1
405	Nicole Spriggs	00:28:52	SW 25-29	27	F	162	48.90			3
406	Martha Ackerman	00:36:10	VW 55-59	57	F	163	48.89			1
407	Steve Hewitt	00:31:10	VM 50-54	54	M	244	48.82			1
408	Seren Berry	00:29:00	SF	32	F	164	48.68			5
409	Paul Constable	00:27:54	VM 40-44	42	M	245	48.57			1
410	Andrew Price	00:31:20	VM 50-54	54	M	246	48.56	Hay Hotfooters		1
411	Hannah Bryan	00:31:04		40	F	165	48.55			2
412	Sarah Rhodes	00:30:40	VW 35-39	38	F	166	48.53			1
413	Mark Canham?	00:31:53	VM 55-59	56	M	247	48.51	Canton Chargers		1



Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
414	Sheena Berry	00:30:20	VW 35-39	36	F	167	48.41			1
415	Carys Bate	00:29:11	SW 25-29	26	F	168	48.37			9
416	Chris Croft	00:26:02	SM 30-34	31	M	248	48.34	Hay Hotfooters		2
417	Emily Hogan-Turner	00:32:58	VW 45-49	45	F	169	48.33	Hay Hotfooters		4
418	Jess Price	00:29:16	SW 25-29	25	F	170	48.23			1
419	Daniel Edney	00:29:04	VM 40-44	44	M	249	48.11			1
420	Felix Strachler	00:32:20	JM 11-14	13	M	250	48.09			1
421	Daisy Huball	00:29:26	SW 30-34	33	F	171	47.96			3
422	Johnny Williams	00:34:01	JM 10	9	M	251	47.87			1
423	Clive Furness	00:34:20	VM 60-64	63	M	252	47.77			1
424	Saffron Hughes	00:35:06	VW 50-54	50	F	172	47.77			2
425	Daisy Corbett	00:32:42	JW 15-17	15	F	173	47.76			2
426	Kieran Morley	00:26:23	SM	27	M	253	47.69	Hay Hotfooters		1
427	Ted Prosser-Painting	00:32:43	JM	12	M	254	47.68			4
428	Elizabeth Head	00:30:40	VW 35-39	35	F	174	47.50			1
429	Caz Phillips	00:31:08	VW 35-39	37	F	175	47.48			8
430	Duncan Henderson	00:33:55	VM 60-64	61	M	255	47.47	Tewkesbury Tri Clu		1
431	Sandra Jackson	00:33:14	VW 40-44	44	F	176	47.39	Fulham Running Cl		1
432	Bluebell Welch	00:29:50	SF	28	F	177	47.32			2
433	Charlie Barlow	00:30:50	VW 35-39	35	F	178	47.24	Hay Hotfooters		2
434	Tessa Piper	00:32:03	VW 40-44	40	F	179	47.06			1
435	Denise Taylor	00:37:12	VW 55-59	55	F	180	47.00			2
436	Helen Holroyd	00:37:38	VW 55-59	57	F	181	46.99	Newport & District		1
437	Oban Oxley	00:33:40	JM 11-14	11	M	256	46.98			1
438	Heidi Shutts	00:33:10	VW 40-44	43	F	182	46.98			1
439	Ella Selby	00:35:00	JF	13	F	183	46.95			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
440	Freddie Frost	00:33:45	JM	10	M	257	46.86			1
441	Laura Sawle	00:31:20	VW 35-39	36	F	184	46.86	Malvern Buzzards		1
442	Helen Lloyd-Jones	00:48:02	VW 70-74	73	F	185	46.81	Pegasus		1
443	Jim Lynes	00:31:59	VM 50-54	52	M	258	46.80			1
444	Catriona Emmett	00:33:03	VW 40-44	42	F	186	46.65			2
445	J Crichton-Stuart	00:36:50	JM	8	M	259	46.65			1
446	Kerry Lee	00:35:35	VW 45-49	49	F	187	46.60			1
447	Alicia Morley	00:30:18	SW	28	F	188	46.59	Hay Hotfooters		1
448	Eleni Michalovtsou	00:30:18	SW 30-34	31	F	189	46.59			1
449	Lorne McElian	00:33:06	VW 40-44	42	F	190	46.58			1
450	Jacq Hall	00:37:38	VW 55-59	55	F	191	46.46	Bramhall Runners		1
451	MJ Bull	00:28:16	VM 40-44	40	M	260	46.40			7
452	Zola Bradbury	00:38:59	JW 10	10	F	192	46.26			1
453	Corinne Wright	00:33:20	VW 40-44	42	F	193	46.25			1
454	Owen Price	00:34:15	JM 10	10	M	261	46.18			1
455	Rupert Lewis	00:34:15	JM 10	10	M	262	46.18			1
456	Erin Brady	00:36:19	JW 11-14	12	F	194	46.12			1
457	Emily Like	00:30:38	SW 20-24	24	F	195	46.08			1
458	Robyn Collins	00:30:40	SW 20-24	23	F	196	46.03			3
459	James Corden	00:27:23	SM	27	M	263	45.95	Birmingham Runni		1
460	Gay Funnell	00:44:12	VW 65-69	67	F	197	45.93			1
461	Maarten Lossie	00:28:38	VM 40-44	40	M	264	45.81			1
462	Jonathan McEvoy	00:27:28	SM	21	M	265	45.81			1
463	Robin Gardner	00:32:59	VM 50-54	53	M	266	45.73			4
464	Hannah Sampson	00:33:00		40	F	198	45.71			1
465	Hannah Greenlee	00:30:54	SW 30-34	33	F	199	45.69	Chorlton Runners		1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
466	Anna Bromley	00:33:47	VW 40-44	42	F	200	45.63			2
467	Nick Talbot	00:36:20	VM 60-64	64	M	267	45.60			1
468	Karen Alston	00:38:35	VW 55-59	56	F	201	45.57			1
469	Sarjana Makepeace	00:32:40	VW 35-39	38	F	202	45.56			1
470	Annie Bedford	00:32:40	VW 35-39	38	F	203	45.56			1
471	Annalosa Lloyd	00:35:21	VW 45-49	46	F	204	45.54			1
472	Alison Hearn	00:37:50	VW 50-54	53	F	205	45.51			1
473	Kaleb Krause	00:28:59	VM 40-44	40	M	268	45.26			8
474	Graham Nolan	00:32:12	VM 35-39	48	M	269	45.13			3
475	Sian Cail?	00:31:18	SW 25-29	28	F	206	45.10			1
476	Liz Tucker	00:38:56	VW 55-59	55	F	207	44.91			1
477	Mike Sayce	00:34:59	VM 55-59	58	M	270	44.88			1
478	Clare Holden	00:36:57	VW 35-39	49	F	208	44.88			2
479	Simon Thomas	00:33:55	VM 50-54	54	M	271	44.86			1
480	Sifn Norman	00:33:24	VW 35-39	39	F	209	44.86	Chorlton Runners		3
481	Ronny Kuryama	00:28:03	SM 30-34	30	M	272	44.86			1
482	Isabel James	00:31:30	SW	22	F	210	44.81			1
483	Dona ????	00:35:34	VW 45-49	45	F	211	44.80			1
484	Julia Mcfarlane	00:33:13	VW 35-39	37	F	212	44.51			7
485	Suz Crichton-Stuart	00:33:28	VW 35-39	38	F	213	44.47			4
486	Andy Brown	00:29:06	VM 35-39	36	M	273	44.44			1
487	William Flynn	00:28:25	SM	23	M	274	44.28			1
488	Nadiia Baranyk	00:33:39	VW 35-39	38	F	214	44.23			1
489	Indie Oxley	00:37:12	JW 11-14	13	F	215	44.18			1
490	Lucy French	00:40:48	VW 60-64	60	F	216	44.08			1
491	Elsa Voras	00:32:02	SW 30-34	33	F	217	44.07			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
492	Terina McKenna	00:33:47	VW 35-39	38	F	218	44.06			2
493	Elizabeth Hughes	00:32:06	SW 30-34	34	F	219	43.98	Northwich Runnin		3
494	Kealey Lake	00:33:48	VW 35-39	37	F	220	43.74			1
495	Nina Sears	00:37:17	VW 45-49	47	F	221	43.63	Hay Hotfooters		2
496	Zoe Kerry	00:35:21	VW 40-44	42	F	222	43.61			1
497	Annie Hillyer	00:40:49	VW 55-59	58	F	223	43.57	Hay Hotfooters		1
498	Emma Jones	00:35:30		42	F	224	43.43			1
499	Daniel Boney	00:32:14	VM 40-44	44	M	275	43.38			1
500	Mat Sheldon	00:30:44	VM 40-44	41	M	276	43.38			3
501	Michael Cresswell	00:29:07	SM 25-29	27	M	277	43.22			1
502	Mely Vera	00:39:58	VW 50-54	53	F	225	43.08			1
503	Mum Vera?	00:39:58	VW 50-54	53	F	226	43.08			1
504	Claire Meredith	00:33:03	SW 25-29	27	F	227	42.71			6
505	Ravina Croft	00:34:17	VW 35-39	35	F	228	42.49			2
506	Mary Vee	00:39:28	VW 50-54	50	F	229	42.48			1
507	Bet? Hana?	00:33:15	SW 20-24	24	F	230	42.46			1
508	Adam Tyler	00:30:53	VM 35-39	39	M	278	42.36			1
509	James Luckhurst	00:36:52	VM 55-59	57	M	279	42.27			1
510	Melly X	00:39:40	VW 50-54	50	F	231	42.27			1
511	Bob Beatley	00:34:53	VM 50-54	50	M	280	42.24			1
512	Zohra Ahmadyar	00:29:56	SM 25-29	28	M	281	42.04			1
513	Florent Dymala	00:29:56	SM 30-34	31	M	282	42.04			1
514	Bronwyn Lally	00:33:46	SW 25-29	28	F	232	41.81			4
515	Arlo Emmett	00:39:07	JM 10	9	M	283	41.63			1
516	Laura Kate Hendry	00:33:55	SW	32	F	233	41.62			1
517	Jo James	00:37:13	VW 40-44	42	F	234	41.42			3

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
518	C Warburton	00:34:06	SW 25-29	26	F	235	41.40			1
519	Jessie Peak	00:34:20	SW 25-29	26	F	236	41.12			1
520	Charlie Whittle	00:38:42	JM 11-14	11	M	284	40.87			1
521	Carrienne Ralph	00:34:36	SW 20-24	23	F	237	40.80			2
522	Bridie Whittle	00:38:42	VW 45-49	44	F	238	40.70			1
523	Clarissa Price	00:36:57	VW 35-39	39	F	239	40.55			1
524	Emma Gorkisch	00:44:22	JW 10	9	F	240	40.42			1
525	Adrian Brady	00:36:20	VM 45-49	49	M	285	40.28			1
526	Evie Price	00:35:09	SW 25-29	26	F	241	40.16			2
527	Geoff Brighty	00:38:37	VM 55-59	56	M	286	40.05			1
528	Olivia Wood	00:35:26	SW 20-24	23	F	242	39.84			1
529	Charlotte Antilogus	00:35:30	SW 20-24	22	F	243	39.77			1
530	Andrew Coles	00:34:47	VM 40-44	43	M	287	39.58			1
531	Julie Britton	00:40:48	VW 45-49	46	F	244	39.46	Hay Hotfooters		1
532	Tom Lynes	00:31:59	SM 30-34	30	M	288	39.34			1
533	Craig Lewis	00:36:56	VM 45-49	47	M	289	39.08			1
534	James Stallabrass	00:39:49	JM 11-14	13	M	290	39.05			1
535	Harriet Milne	00:36:11	SW 25-29	28	F	245	39.01			1
536	Amy Fisher	00:36:44	SW 25-29	26	F	246	38.43			1
537	Maisy Rafferty	00:36:44	SW 25-29	26	F	247	38.43			1
538	Bethan Ledger	00:39:17	VW 35-39	38	F	248	37.89			2
539	Jessale Dixon	00:37:27	SF	27	F	249	37.69			1
540	Gemma Spencer	00:37:48	SW 20-24	20	F	250	37.35			1
541	Nick Hatton	00:34:47	VM 35-39	37	M	291	37.33	Unatta Ched		1
542	Cassie Burgess-Rose	00:38:00	SW 30-34	34	F	251	37.15			1
543	Paddy Frame	00:33:56	SM	31	M	292	37.08			1

Pos.	Name	Time	Age Cat	Age	Gender	Gend Pos.	% of Age World Record	Club	CR?	Total Runs
544	Joe Peak	00:34:20	SM 30-34	34	M	293	36.65			1
545	Lucy Allinson	00:39:15	SW 20-24	24	F	252	35.97			1
546	Joanna Mitchell	00:39:15	SW 20-24	24	F	253	35.97			1
547	Merle Cordsen	00:44:22	VW 45-49	45	F	254	35.91			1
548	Nikki Devaney	00:39:40	SW 20-24	24	F	255	35.59	Brecon AC		1
549	Adam Moss	00:35:27	SM 20-24	23	M	294	35.50			1
550	Lisa Howard	00:44:01	VW 40-44	41	F	256	34.65			16
551	Mollie Crawford	00:40:48	SW 25-29	27	F	257	34.60			1
552	Liz Smith	00:52:21	VW 55-59	58	F	258	33.97			2
553	Sam Rawlinson	00:40:48	SM 30-34	31	M	295	30.84			1
554	Howard Wright	01:28:26	vm 80-84	83	M	296	25.80	Victory AC		1
555	Heidi Oakley	01:20:33	JF	6	F	259	24.97			1
556	Luke Oakley	01:22:07	JM	6	M	297	23.97			1
557	Annie Lewis	01:21:27	JF	8	F	260	22.80			2
558	Phoebe Crichton-Stuart	01:22:03	JF	10	F	261	21.98			1
559	Joni Corner	01:38:00	JF	5	F	262	21.50			1
560	Adam Gill	01:19:27	JM	10	M	298	19.91			2
561	Ella Corner	01:36:18	JF	8	F	263	19.28			1
562	Jenny Hughes	01:31:19	VW 55-59	56	F	264	19.26			1
563	Artie Prosser-Painting	01:24:42	JM	9	M	299	19.22			1
564	Fenn Kennerley	01:32:08	JM	8	M	300	18.65			1
565	Adam Kennerley	01:32:09	VM 55-59	57	M	301	16.91			1
566	Alana Benjamin	01:36:24	VW 40-44	42	F	265	15.99			1
567	Tim Corner	01:38:00	VM 45-49	45	M	302	14.52			1
568	Stephen Bartlett	23:23:59	VM 50-54	51	M	303	1.06			1