

**Results for All Competitors in finish order.**

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	0:39:57	MASON, Luke	Wye Valley Runners	Open Male	428	1
2	0:40:57	TONGE, David	Hereford Couriers	Male Vets 40	463	2
3	0:41:23	JAMES, Matthew	Hereford Couriers	Open Male	491	3
4	0:41:24	PULLEN, John	Wye Valley Runners	Male Vets 40	490	4
5	0:42:22	MOORE, Stuart	Wye Valley Runners	Open Male	479	5
6	0:43:15	BARNES, Jonathan	Hereford A C	Open Male	467	6
7	0:43:49	TAYLOR, Eliot	Hereford Couriers	Open Male	456	7
8	0:43:59	GUMMERY, Kevin	Wye Valley Runners	Male Vet 50	488	8
9	0:44:16	WILLIAMS, Glyn	Presteigne Pacers	Open Male	453	9
10	0:45:04	NORGATE, Ken (Jr)	Wye Valley Runners	Male Vets 40	438	10
11	0:45:26	KING, Steve	Wye Valley Runners	Open Male	481	11
12	0:45:36	GILMOUR, Carl	Hay Hotfooters	Male Vets 40	462	12
13	0:45:41	FORD, Christopher	Ledbury & District Harriers	Open Male	475	13
14	0:46:15	PRITCHARD, Steve	Unattached	Male Vets 40	477	14
15	0:46:35	LITTLEWOOD, Steve	Hereford Couriers	Male Vet 55	464	15
16	0:46:45	PLAYDON, Vince	Croft Ambrey	Open Male	478	16
17	0:48:00	TAYLOR, Matt	Wye Valley Runners	Open Male	480	17
18	0:48:02	LEWIS, Gary	Presteigne Pacers	Male Vets 40	452	18
19	0:48:11	BEREZA, Robin	Wye Valley Runners	Male Vet 60	439	19
20	0:48:30	CREASER, James	Eryri	Open Male	483	20
21	0:49:11	JONES, Philip	Presteigne Pacers	Male Vet 50	454	21
22	0:49:15	TAYLOR, Phillip	Wye Valley Runners	Open Male	429	22
23	0:49:58	SHORT, Peter	Forest of Dean A C	Male Vet 55	492	23
24	0:50:04	LLOYD, David	Presteigne Pacers	Male Vet 50	459	24
25	0:50:21	DAVIES, Ian	Builth & District Runners	Male Vet 50	457	25
26	0:50:25	KING, Kathryn	Wye Valley Runners	Open Female	482	26
27	0:50:40	SHAW, Lorna	Chepstow Harriers	Female Vet 45	449	27
28	0:50:47	EDWARDS, Malcolm	Wye Valley Runners	Open Male	496	28
29	0:51:21	ACTON, Eric	Wye Valley Runners	Male Vet 65	431	29
30	0:51:39	GWILLIAM, Robert	Wye Valley Runners	Open Male	474	30
31	0:52:21	EVANS, Mandy	Presteigne Pacers	Female Vet 45	455	31
32	0:52:30	CLEMENT, Paul	Unattached	Male Vets 40	450	32
33	0:52:33	STEZAKER, Matt	Wye Valley Runners	Male Vet 45	486	33
34	0:52:41	FRANKLIN, Harry	Wye Valley Runners	Male Vet 65	447	34
35	0:53:04	BARNES, Kevin	Hereford Couriers	Male Vet 45	471	35
36	0:53:14	SMITH, Jason	Wye Valley Runners	Open Male	487	36
37	0:53:27	GALPIN, Robert	Wye Valley Runners	Male Vet 50	472	37
38	0:53:40	TURVEY, Nicola	Croft Ambrey	Female Vet 45	460	38
39	0:54:05	JONES, Jennifer	Ledbury & District Harriers	Female Vet 40	465	39
40	0:54:12	GWILLIAM, Dave	Ledbury & District Harriers	Male Vets 40	434	40
41	0:54:14	JONES, Isabel	Wye Valley Runners	Open Female	495	41
42	0:54:14	SMITH, Peter	Wye Valley Runners	Male Vet 60	484	42
43	0:54:59	ROSSER, Martyn	Hay Hotfooters	Male Vet 55	461	43
44	0:55:00	PRICE, John	Hay Hotfooters	Male Vet 50	440	44
45	0:56:41	FROST, Emma	Hay Hotfooters	Female Vet 40	469	45
46	0:56:54	REES, David	Hay Hotfooters	Male Vet 55	485	46
47	0:57:03	HARRISON, George	Wye Valley Runners	Male Vets 40	497	47
48	0:57:15	BARTON, Simon	Wye Valley Runners	Male Vets 40	476	48
49	0:58:03	EDWARDS, Tracy	Wye Valley Runners	Open Female	430	49
50	0:58:53	SHAW, Tony	Chepstow Harriers	Male Vet 55	448	50
51	1:00:00	PARRY, Julian	Unattached	Male Vets 40	493	51
52	1:00:12	LORD, Jo	Hay Hotfooters	Female Vet 45	437	52
53	1:00:47	NICHOLLS, Sharon	Hay Hotfooters	Female Vet 40	470	53
54	1:01:51	MARKHAM, Bryan	Croft Ambrey	Male Vet 65	458	54
55	1:02:01	LAVELLE, Tina	Hay Hotfooters	Female Vet 50	441	55
56	1:02:33	HAYMONDS, Colin	Ledbury & District Harriers	Male Vets 40	433	56

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57	1:03:42	MCCARDLE, Alan	Hay Hotfooters	Male Vet 55	489	57
58	1:04:18	CLIFFORD, Philip	Wye Valley Runners	Male Vet 45	445	58
59	1:05:09	CLIFFORD, Deborah	Wye Valley Runners	Female Vet 40	444	59
60	1:05:41	BOWRING, Sarah	Wye Valley Runners	Female Vet 40	432	60
61	1:05:47	WILLIAMS, Michelle	Wye Valley Runners	Female Vet 40	427	61
62	1:06:47	JONES, Rachel	Hay Hotfooters	Female Vet 35	468	62
63	1:07:13	CRUMP, Serena	Wye Valley Runners	Female Vet 40	494	63
64	1:07:55	MOTTERAM, Christine	Wye Valley Runners	Female Vet 60	466	64
65	1:08:25	MILES, Lisa	Wye Valley Runners	Open Female	473	65
66	1:10:39	EMMS, Shaun	Hay Hotfooters	Male Vet 65	425	66
67	1:14:46	MILNER, Claire	Hay Hotfooters	Female Vet 55	446	67
68	1:22:00	CLEMENTS, Nicola	Unattached	Female Vet 40	451	68
69	1:22:00	GWILLIAM, Lisa	Unattached	Female Vet 40	435	69

There were 69 finishers in the All Competitors category.