



APPLICATION FORM

NAME

ADDRESS

AGE

DOB

PHONE NUMBER

MOBILE

EMAIL

Do you currently belong to another running club.

If so please give the club name and who they are affiliated to including the registration number.

Please list any medical history we should be aware of eg Asthma

All club training is at the risk of the club member.

Hay Hotfooters is a member of The Association of Running Clubs (ARC) and abides by their rules according to our constitution.

Please sign and print your name.

Cheques payable to Hay Hotfooters

Please post to:
Shaun Emms membership Secretary,
'Fernwood'
Bronydd, Clyro
Hereford HR3 5RX

Office use

Membership due £30..... Membership start.....Renew date