

PRESTEIGNE
PACERS



LLAMWYR
LLANANDRAS

2 RIVERS KNILL NASH DASH

SUNDAY OCTOBER 5TH 2008

VENUE: PRESTEIGNE **MINIMUM AGE:** 16 **ENTRY LIMIT:** 200 **CLOSING DATE:** 5TH SEPTEMBER 2008

START: 11.00 AM AT THE FOLLY CAR PARK

COURSE DESCRIPTION: APPROX 8 MILES, MULTI TERRAIN.

The run includes woodland and farmland tracks and the crossing of 2 rivers plus the crossing of a main road in two places. The course will be marshalled throughout and there will be first aid cover at start / finish.

PRIZES: a prize will be presented to all finishers. A range of other prizes will be presented for age categories.

PARKING: there is no parking at the start of the race so parking will be at the Leisure Centre /Town Car Parks.

TOILET/SHOWERS: At the Leisure Centre (there will be a charge for this)

FURTHER INFORMATION CONTACT : DAVE LLOYD 01544267052.

REGISTRATION / RESULTS / PRESENTATION: FOLLY CAR PARK

ENTRY FEE: £8 ATTACHED £10 UNATTACHED

RACE NUMBERS WILL BE GIVEN OUT ON THE RACE DAY.

CHEQUES MADE PAYABLE TO : PRESTEIGNE PACERS.

NAME _____

ADDRESS _____

POSTCODE _____ TEL NO _____

SEX M/F _____ CLUB _____ AGE ON RACE DAY _____

RETURN FORM/FEE TO:

DAWN LLOYD

44 CAENBROOK MEADOW

PRESTEIGNE POWYS LD82NE

EMAIL Mdawnlloyd@aol.com

I AGREE THAT THE ORGANISATION SHALL NOT BE RESPONSIBLE FOR ANY INJURY, ACCIDENTS, LOSS OR DAMAGE SUSTAINED BY ME AS A CONSEQUENCE OF MY PARTICIPATION IN THE ABOVE EVENT:

SIGNED.....DATE.....

PARENTAL SIGNATURE FOR 16/17 YEAR OLD.....

