

| Time     | Position | Number | M/F | Name              | Cat  | Club                   | Time |
|----------|----------|--------|-----|-------------------|------|------------------------|------|
| 01:12:09 | 1        | 52     | M   | Tim Iveson        | MS   | Builth & District      |      |
| 01:13:05 | 2        | 48     | M   | Jon Newey         | MV40 | Mercia Fell Runners    |      |
| 01:13:39 | 3        | 9      | M   | Matt Biggs        | MS   | Dudley-Kingswinford    |      |
| 01:15:21 | 4        | 42     | M   | Paul Speyer       | MS   | Brackla Harriers       |      |
| 01:15:35 | 5        | 60     | M   | David Tame        | MV40 | Hook Norton Harriers   |      |
| 01:16:32 | 6        | 43     | M   | Steve Davies      | MV50 | Griffithstown Harriers |      |
| 01:17:22 | 7        | 44     | M   | Raul Reismann     | MS   | Swansea Harriers       |      |
| 01:18:14 | 8        | 40     | M   | Gary Irving       | MV50 | Swansea Harriers       |      |
| 01:19:20 | 9        | 19     | M   | Carl Gilmour      | MV40 | Hay Hotfooters         |      |
| 01:20:37 | 10       | 54     | M   | Mike Link         | MV40 | Hereford Couriers      |      |
| 01:21:43 | 11       | 1      | M   | Martin Carter     | MV40 | Hay Hotfooters         |      |
| 01:22:37 | 12       | 33     | M   | Ian Ogilvie       | MV40 | Brackla Harriers       |      |
| 01:22:53 | 13       | 53     | M   | John Lyden        | MV50 | Ludlow Runners         |      |
| 01:23:21 | 14       | 13     | M   | Neil Lewis        | MV40 | Hereford Couriers      |      |
| 01:23:23 | 15       | 55     | M   | Steve Anderson    | MV40 | Tewkesbury AC          |      |
| 01:26:43 | 16       | 51     | M   | Andrew Stephens   | MS   | Unattached             |      |
| 01:27:32 | 17       | 30     | M   | Wayne Frewen      | MV50 | Brackla Harriers       |      |
| 01:27:33 | 18       | 58     | M   | Terence Bedington | MV60 | Worcester AC           |      |
| 01:28:12 | 19       | 5      | M   | Andy Broad        | MS   | Hay Hotfooters         |      |
| 01:28:18 | 20       | 56     | M   | Gron Davies       | MV50 | Unattached             |      |
| 01:28:37 | 21       | 65     | M   | Malcolm Edwards   | MS   | Wye Valley Runners     |      |
| 01:28:39 | 22       | 23     | F   | Liz Kirwan        | FS   | Les Croupiers          |      |
| 01:29:26 | 23       | 49     | M   | Nick Hitchings    | MV40 | Malvern Joggers        |      |
| 01:29:34 | 24       | 11     | M   | Allan S Jones     | MV50 | Brackla Harriers       |      |
| 01:30:06 | 25       | 34     | M   | Phillip Thomas    | MV40 | Brackla Harriers       |      |
| 01:30:21 | 26       | 59     | F   | Alex Champ        | FV35 | Wye Valley Runners     |      |
| 01:30:30 | 27       | 7      | M   | Ian Dyson         | MV50 | Malvern Joggers        |      |
| 01:30:40 | 28       | 45     | M   | Chris Howell      | MV40 | Hay Hotfooters         |      |
| 01:31:02 | 29       | 24     | M   | Ian Robinson      | MV40 | Mumbles Milens         |      |
| 01:31:58 | 30       | 25     | F   | Charlotte Johns   | FV35 | Brackla Harriers       |      |
| 01:32:40 | 31       | 61     | M   | Bill Jope         | MV40 | Unattached             |      |
| 01:33:01 | 32       | 47     | F   | Julie Mitchell    | FV35 | Malvern Joggers        |      |
| 01:33:06 | 33       | 62     | M   | Chris Nash        | MV50 | Unattached             |      |
| 01:35:16 | 34       | 12     | M   | Chris Mason       | MV45 | Wye Valley Runners     |      |
| 01:35:17 | 35       | 22     | M   | Philip Hoskins    | MV40 | Unattached             |      |
| 01:35:28 | 36       | 35     | M   | Richard Dyke      | MV40 | Brackla Harriers       |      |
| 01:35:44 | 37       | 41     | F   | Mandy Evans       | FV45 | Presteigne Pacers      |      |
| 01:37:12 | 38       | 4      | F   | Jodie Broad       | FV35 | Hay Hotfooters         |      |
| 01:37:46 | 39       | 32     | F   | Libby Lavis       | FV45 | Brackla Harriers       |      |
| 01:37:57 | 40       | 39     | F   | Jean Turner       | FV45 | Telford Harriers       |      |
| 01:37:58 | 41       | 50     | M   | Chris Moore       | MV50 | Forest of Dean AC      |      |
| 01:38:59 | 42       | 15     | M   | Tony Burt         | MV60 | Brackla Harriers       |      |
| 01:40:30 | 43       | 57     | M   | David Mann        | MV40 | Builth & District      |      |
| 01:41:15 | 44       | 64     | F   | Kylie Mansfield   | FS   | Hereford Tri           |      |
| 01:41:42 | 45       | 28     | F   | Vicki Hopkins     | FV45 | Brackla Harriers       |      |
| 01:42:36 | 46       | 26     | F   | Andrea Starritt   | FV35 | Brackla Harriers       |      |
| 01:43:35 | 47       | 36     | M   | Daron Windle      | MV40 | Stratford Tri Club     |      |
| 01:44:20 | 48       | 31     | F   | Tammy Raz-Nick    | FV35 | Brackla Harriers       |      |
| 01:45:56 | 49       | 38     | M   | Lee Sutherland    | MS   | Pontypridd Roadents    |      |
| 01:46:12 | 50       | 3      | M   | Richard Gee       | MV50 | Unattached             |      |
| 01:46:12 | 51       | 2      | M   | Pete Howard       | MV50 | Hay Hotfooters         |      |
| 01:49:47 | 52       | 17     | M   | Ross Cookson      | MS   | Unattached             |      |
| 01:50:33 | 53       | 14     | M   | Keith Treharne    | MV60 | Brackla Harriers       |      |
| 01:50:52 | 54       | 10     | F   | Patricia Jones    | FV55 | Brackla Harriers       |      |
| 01:51:47 | 55       | 16     | M   | Roger Brocklesby  | MV50 | Bristol and West AC    |      |
| 01:53:28 | 56       | 63     | M   | Ceri Jones        | MS   | Unattached             |      |
| 01:53:52 | 57       | 29     | M   | Richard Pearson   | MV40 | Brackla Harriers       |      |
| 01:58:18 | 58       | 27     | F   | Kathleen Evans    | FV55 | Brackla Harriers       |      |
| 01:59:11 | 59       | 21     | F   | Felicity Gill     | FS   | Hay Hotfooters         |      |
| 02:05:08 | 60       | 20     | M   | Robert Price      | MV40 | Unattached             |      |
| 02:10:27 | 61       | 37     | F   | Elaine Sutherland | FS   | Pontypridd Roadents    |      |
| 02:17:23 | 62       | 46     | F   | Hilary Turner     | FV55 | Ludlow Runners         |      |
|          |          | 6      | M   | Mike Jones        | MV50 | Unattached             |      |
|          |          | 8      | M   | Anthony O'Malley  | MV40 | Unattached             |      |
|          |          | 18     | M   | Steve Herrington  | MV60 | Hereford Couriers      |      |