













# South Shropshire Sprint Triathlon - 2009










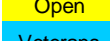

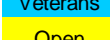

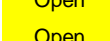



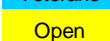

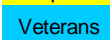

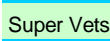








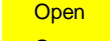

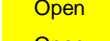

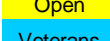

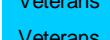

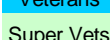

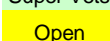

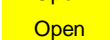




## Full Results

3		= U21 competitors			
10		= Oldest Finishers			
		= 13th place in 13th year	M	203	# = Helmet Violation
28		= Competitors living in South Shropshire	F	81	\$ = Disq - Incorrect racking of bike
91		= Competitors living in the rest of Shropshire			
56		= Competitors living in North Herefordshire			
230		= Day Licences			 = Estimated Finish time
14		= Vintage vets			
45		= Super Vets			
115		= Veterans			
112		= Open			

### Fastest Swim

### Fastest Cycle

### Fastest Run

Pos.	Race Number	First name Surname	Club	Category	Swim plus Transition	Swim Position	Cycle only	Cycle Position	Run plus Transition	Run Position	Total Time	
1st		Luke Moseley	Climb on Bikes	M		00:06:07	3rd	00:40:22	1st	00:22:44	2nd	01:09:13
2nd		James Emery	Torq Tri Club	M		00:05:59	1st	00:41:29	2nd	00:24:46	14th	01:12:14
3rd		Mark Sims	Hereford Tri Club	M		00:06:06	2nd	00:43:44	9th	00:22:45	3rd	01:12:35
4th		Paul Rogers	Black Country Tri Clu	M		00:08:06	49th	00:42:33	4th	00:22:16	1st	01:12:55
5th		Ian Hobley	VOTWO.co.uk	M		00:07:08	10th	00:43:15	8th	00:25:00	16th	01:15:23
6th		Steven Wigglesworth	Vegetarian Cycling &	M		00:08:02	48th	00:42:39	5th	00:24:59	15th	01:15:40
7th		Jon Tetley	Hereford Tri Club	M		00:07:25	20th	00:43:14	7th	00:25:14	17th	01:15:53
8th		Garry Jones	Tri Team Gloucester	M		00:07:33	28th	\$ 00:45:10	14th	\$ 00:23:45	5th	\$ 01:16:28
9th		Mark Griffiths	Telford Harriers Tri C	M		00:08:11	57th	00:43:48	10th	00:24:31	10th	01:16:30
10th		Simon Norwood	Ludlow Tri Club	M		00:07:30	24th	00:45:10	13th	00:24:17	8th	01:16:57
11th		Colin Kerfoot	Hereford Tri Club	M		00:07:23	19th	00:45:32	17th	00:24:33	11th	01:17:28
12th		Chris Mellor	High Peak Tri Club	M		00:07:46	36th	00:46:54	23rd	00:23:20	4th	01:18:00
		Ian Rivers	Hereford Tri Club	M		00:07:57	45th	00:42:58	6th	00:27:27	53rd	01:18:22
14th		Robin Corder	Playtime Productions	M		00:07:32	26th	00:44:43	11th	00:26:19	32nd	01:18:34
15th		Luke Matthews	Hereford Tri Club	M		00:08:10	55th	00:45:50	19th	00:24:36	12th	01:18:36
16th		Andy Taylor	Hereford Tri Club	M		00:07:40	32nd	00:47:40	34th	00:24:16	7th	01:19:36
17th		Stephen Duddridge	Hereford Tri Club	M		00:11:07	205th	00:42:31	3rd	00:26:12	30th	01:19:50
18th		Stephen Owen	Cerist Tri Club	M		00:07:14	16th	00:46:16	20th	00:26:37	36th	01:20:07
19th		Tim George	none	M		00:07:19	18th	00:46:47	22nd	00:26:04	27th	01:20:10
20th		Andy Mortimer	Mid Shropshire Whee	M		00:06:55	6th	00:46:23	21st	00:27:07	47th	01:20:25
21st		Keith Bate	Black Country Tri Clu	M		00:08:52	90th	00:45:19	15th	00:26:14	31st	01:20:25
22nd		Luke Williams	Hereford Couriers	M		00:09:48	151st	00:47:26	29th	00:23:49	6th	01:21:03
23rd		Rob Turner	Hereford Tri Club	M		00:08:46	87th	00:45:08	12th	00:27:11	49th	01:21:05

24th	204	Nathan	Bradford	Climb on Bikes	M	Open	00:07:09	12th	00:49:25	54th	00:24:45	13th	01:21:19
25th	281	Mark	Warren	Ludlow Tri Club	M	Veterans	00:07:49	37th	00:48:10	40th	00:25:34	20th	01:21:33
26th	296	Neil	Potts	SY Tri	M	Veterans	00:06:55	7th	00:49:13	51st	00:26:06	28th	01:22:14
27th	258	Mike	Hedges	Ludlow Tri Club	M	Veterans	00:07:52	40th	00:47:33	30th	00:26:53	42nd	01:22:18
28th	162	Brigg	Taylor	OO Tri Club (Oswest	M	Open	00:07:31	25th	00:48:14	41st	00:26:38	37th	01:22:23
29th	202	Paul	Ingram	SY Tri	M	Open	00:08:45	86th	00:48:02	39th	00:25:51	23rd	01:22:38
30th	267	Gary	Cartwright	Mid Shropshire Whee	M	Open	00:08:08	53rd	00:50:18	67th	00:24:20	9th	01:22:46
31st	239	Matt	Gibbons	none	M	Open	00:08:11	56th	00:47:01	27th	00:27:42	59th	01:22:54
32nd	225	Chris	Hughes	Hereford Tri Club	M	Veterans	00:08:09	54th	00:45:23	16th	00:29:26	91st	01:22:58
33rd	257	Wayne	Poulter	Hereford Tri Club	M	Veterans	00:07:37	31st	00:49:25	55th	00:25:57	26th	01:22:59
34th	300	Hugh	Loughrey	Hereford Tri Club	M	Open	00:07:08	11th	00:50:06	64th	00:26:22	34th	01:23:36
35th	049	Charlie	Edmonds	Playtime Productions	M	Open	00:07:30	23rd	00:47:44	35th	00:28:29	71st	01:23:43
36th	180	Brian	Turner	Hereford Tri Club	M	Veterans	00:09:07	105th	00:47:01	26th	00:27:36	56th	01:23:44
37th	055	Alison	Bagnall	Playtime Productions	F	Veterans	00:09:19	118th	00:47:55	38th	00:26:42	39th	01:23:56
38th	117	Nick	Eyke	OO Tri Club (Oswest	M	Super Vets	00:11:44	227th	00:45:42	18th	00:26:46	40th	01:24:12
39th	212	Carl	Gilmour	Hay Hotfooters	M	Veterans	00:09:39	139th	00:49:20	52nd	00:25:16	18th	01:24:15
40th	228	Nick	Farnell	Ludlow Tri Club	M	Super Vets	00:09:42	147th	00:48:17	43rd	00:26:41	38th	01:24:40
41st	189	Doug	Briggs	Manchester Wheelers	M	Veterans	00:10:10	168th	00:47:39	33rd	00:27:07	48th	01:24:56
42nd	141	Chris	Payne	Hereford Tri Club	M	Veterans	00:09:22	122nd	00:46:57	24th	00:28:40	75th	01:24:59
43rd	034	Rob	Kerr	none	M	Open	00:11:24	217th	00:47:14	28th	00:26:22	33rd	01:25:00
44th	245	Steven	Terry	SY Tri	M	Open	00:08:55	91st	00:49:03	49th	00:27:03	45th	01:25:01
45th	269	Tony	Marrs	none	M	Super Vets	00:08:06	50th	00:48:42	47th	00:28:14	67th	01:25:02
46th	243	Andrew	Dawson	SY Tri	M	Veterans	00:08:30	70th	00:50:55	79th	00:25:38	21st	01:25:03
47th	280	Stuart	Austin	Hereford Tri Club	M	Veterans	00:07:51	39th	00:49:49	59th	00:27:26	52nd	01:25:06
48th	279	Nicola	Goodwin	Hereford Tri Club	F	Open	00:06:59	8th	00:49:59	63rd	00:28:16	69th	01:25:14
49th	170	Robert	Kidd	North Shropshire Wh	M	Vintage vets	00:09:07	106th	00:47:39	32nd	00:28:28	70th	01:25:14
50th	273	Becki	Toone	Driven to Tri	F	Open	00:07:12	13th	00:53:20	124th	00:25:18	19th	01:25:50
51st	226	Clare	Scott	Hereford Tri Club	F	Open	00:07:45	35th	00:49:33	57th	00:28:34	73rd	01:25:52
52nd	051	Alan	Mathers	Playtime Productions	M	Veterans	00:07:34	30th	00:50:56	80th	00:28:09	64th	01:26:39
53rd	200	Chris	Myles	Shrewsbury Masters	M	Veterans	00:07:52	41st	00:51:47	96th	00:27:00	44th	01:26:39
54th	059	Ian	Roberts	Playtime Productions	M	Veterans	00:08:28	68th	00:51:01	83rd	00:27:12	50th	01:26:41
55th	208	Nicholas	Stuart	Arfon Masters	M	Super Vets	00:09:33	136th	00:48:32	45th	00:29:00	79th	01:27:05
56th	153	Aled	Parry	none	M	Open	00:09:23	124th	00:50:49	78th	00:27:06	46th	01:27:18
57th	289	Luke	Bradford	Hereford Tri Club	M	Open	00:06:46	5th	00:49:40	58th	00:31:01	133rd	01:27:27
58th	104	Tim	Rawlins	Hay Hotfooters	M	Super Vets	00:09:10	108th	00:50:19	68th	00:28:14	68th	01:27:43
59th	196	James	Coldicott	none	M	Open	00:08:47	88th	00:48:35	46th	00:30:23	114th	01:27:45
60th	237	Phillip	Smith	none	M	Open	00:08:18	60th	00:47:00	25th	00:32:35	177th	01:27:53
61st	223	Greg	Browne	Cobra Running & Tri	M	Open	00:08:20	63rd	00:50:32	72nd	00:29:11	83rd	01:28:03
62nd	022	Ian	Christy	Hereford Tri Club	M	Veterans	00:08:30	71st	00:49:50	60th	00:29:45	96th	01:28:05

63rd	206	Mick	Riley	none	M	Veterans	00:08:35	77th	00:50:45	76th	00:28:48	77th	01:28:08
64th	236	Mark	Collyer	none	M	Veterans	00:08:24	65th	00:48:16	42nd	00:31:38	149th	01:28:18
65th	185	Charles	Cowan	none	M	Super Vets	00:08:33	73rd	00:49:25	56th	00:30:25	116th	01:28:23
66th	084	Rik	Clark	none	M	Veterans	00:11:29	219th	00:51:00	81st	00:25:54	24th	01:28:23
67th	248	Neil	Jeffree	Worcester Tri Club	M	Veterans	00:07:29	21st	00:51:26	92nd	00:29:35	94th	01:28:30
68th	187	Graeme	Thomas	Hereford Tri Club	M	Veterans	00:09:17	112th	00:47:37	31st	00:31:38	148th	01:28:32
69th	286	Paula	Moseley	Climb on Bikes	F	Open	00:08:02	47th	00:50:23	69th	00:30:17	110th	01:28:42
70th	050	Ashley	Mason	Playtime Productions	M	Veterans	00:07:55	44th	00:51:35	93rd	00:29:26	92nd	01:28:56
71st	250	Malcolm	Osborne	Hereford Tri Club	M	Open	00:06:13	4th	00:56:57	185th	00:26:11	29th	01:29:21
72nd	146	Jon	Utle	Croft Ambrey Running	M	Open	00:10:37	183rd	00:50:38	73rd	00:28:08	63rd	01:29:23
73rd	210	Simon	Toghill	Telford Harriers Tri C	M	Veterans	00:09:42	144th	00:47:54	37th	00:31:49	155th	01:29:25
74th	193	Phillip	Howell	none	M	Veterans	00:09:55	154th	00:52:53	115th	00:26:46	41st	01:29:34
75th	072	Eric	Stannard	Mid Shropshire Whee	M	Veterans	00:09:16	110th	00:51:09	87th	00:29:13	84th	01:29:38
76th	172	Elwyn	Davies	Maldwyn Harriers	M	Veterans	00:11:12	210th	00:52:38	109th	00:25:54	25th	01:29:44
77th	111	David	Morris	Cerist Tri Club	M	Veterans	00:10:01	161st	00:48:26	44th	00:31:19	140th	01:29:46
78th	010	Ron	Ball	Mid Shropshire Whee	M	Super Vets	00:11:31	220th	00:47:52	36th	00:30:27	120th	01:29:50
79th	131	Martin	Sharpe	none	M	Veterans	00:10:17	171st	00:50:14	65th	00:29:22	89th	01:29:53
80th	181	Nigel	Birch	Brat Tri Club	M	Veterans	00:09:24	126th	00:52:50	113th	00:27:43	60th	01:29:57
81st	238	Neil	Howells	none	M	Veterans	00:09:23	125th	00:50:47	77th	00:29:55	103rd	01:30:05
82nd	106	Robert	Griffiths	none	M	Open	00:08:39	80th	00:51:01	84th	00:30:26	117th	01:30:06
83rd	067	Paul	Elliott	Ludlow Runners	M	Veterans	00:09:42	143rd	00:54:45	148th	00:25:46	22nd	01:30:13
84th	151	Tom	Williams	none	M	Open	00:08:40	81st	00:53:13	122nd	00:28:33	72nd	01:30:26
85th	186	Tricia	Wright	Hereford Tri Club	F	Veterans	00:09:17	113th	00:50:23	70th	00:30:49	128th	01:30:29
86th	252	Claire	Hebblethwaite	Hereford Tri Club	F	Open	00:07:58	46th	00:53:27	125th	00:29:05	82nd	01:30:30
87th	126	Paul	Westall	none	M	Veterans	00:08:36	78th	00:48:44	48th	00:33:12	189th	01:30:32
88th	214	David	Rees	Hereford Tri Club	M	Veterans	00:08:58	94th	00:49:22	53rd	00:32:30	175th	01:30:50
89th	165	Andrew	Butler	Shropshire shufflers	M	Open	00:09:42	145th	00:54:38	145th	00:26:31	35th	01:30:51
90th	166	Bob	Evans	SY Tri	M	Super Vets	00:09:03	99th	00:52:33	108th	00:29:25	90th	01:31:01
91st	103	Jonathan	Daniels	none	M	Veterans	00:10:35	179th	00:52:31	105th	00:28:09	65th	01:31:15
92nd	216	Simon	Crowther	BCTTT	M	Open	00:07:55	43rd	00:53:07	118th	00:30:26	119th	01:31:28
93rd	142	Susan	Pugh	Royal Air Force Tri Cl	F	Open	00:07:54	42nd	00:52:05	101st	00:31:32	146th	01:31:31
94th	221	Graham	Shinton	Black Country Tri Clu	M	Super Vets	00:08:07	52nd	00:51:05	86th	00:32:21	172nd	01:31:33
95th	154	Alun	Rees	none	M	Open	00:09:32	130th	00:52:51	114th	00:29:20	88th	01:31:43
96th	184	Darren	Lincoln	Croft Ambrey Running	M	Veterans	00:09:32	132nd	00:50:29	71st	00:31:43	151st	01:31:44
97th	183	James	Hayward	Cobra Running & Tri	M	Open	00:08:18	62nd	00:53:50	130th	00:29:37	95th	01:31:45
98th	179	Ben	Mayho	SY Tri	M	Open	00:10:03	162nd	00:54:07	137th	00:27:37	57th	01:31:47
99th	169	Adam	Constantine	SY Tri	M	Open	00:09:56	158th	00:54:15	139th	00:27:36	55th	01:31:47
100th	148	Ian	Price	none	M	Open	00:10:27	175th	00:49:58	62nd	00:31:23	144th	01:31:48
101st	215	Steven	Lawrence	Castle Chiropratic clir	M	Open	00:08:15	58th	00:52:30	104th	00:31:16	139th	01:32:01

102nd	121	Andrew	Rogers	none	M	Open	00:09:20	120th	00:54:38	144th	00:28:05	62nd	01:32:03
103rd	064	Harry	Capewell	none	M	Veterans	00:09:52	152nd	00:52:01	97th	00:30:11	108th	01:32:04
104th	255	Ian	Vickers	Brat Tri Club	M	Veterans	00:10:16	170th	00:51:10	88th	00:30:43	126th	01:32:09
105th	078	Steve	Johnson	none	M	Veterans	00:10:37	181st	00:54:34	143rd	00:27:00	43rd	01:32:11
106th	128	Michael	Evans	none	M	Veterans	00:09:18	117th	00:51:02	85th	00:31:52	157th	01:32:12
107th	247	Ben	Clevenger	Tri London	M	Open	00:07:44	33rd	00:53:15	123rd	00:31:15	136th	01:32:14
108th	102	Gary	Walters	none	M	Open	00:10:22	173rd	00:52:43	110th	00:29:14	85th	01:32:19
109th	290	Cheryl	Sloan	Swindon triathlon clut	F	Open	00:07:14	15th	00:54:51	151st	00:30:15	109th	01:32:20
110th	174	Michael	Pepper	Padarn Tri Club	M	Vintage vets	00:07:33	27th	00:52:56	117th	00:31:53	158th	01:32:22
111th	278	Christopher	Head	Hereford Tri Club	M	Open	00:07:00	9th	00:52:12	102nd	00:33:18	191st	01:32:30
112th	031	Paul	O'Hagan	none	M	Veterans	00:09:41	142nd	00:52:49	112th	00:30:06	105th	01:32:36
113th	176	Gerry	West	Hereford Tri Club	M	Super Vets	00:09:33	135th	00:53:52	131st	00:29:14	86th	01:32:39
114th	233	Justin	Neal	none	M	Veterans	00:09:01	97th	00:51:41	95th	00:32:05	164th	01:32:47
115th	147	Mark	Phillips	Cobra Running & Tri	M	Veterans	00:09:32	131st	00:51:13	89th	00:32:07	165th	01:32:52
116th	005	Edward	Lewis	none	M	Open	00:13:32	271st	00:50:43	74th	00:28:44	76th	01:32:59
117th	292	Keith	Williams	Hereford Tri Club	M	Super Vets	00:08:44	85th	00:53:46	127th	00:30:30	122nd	01:33:00
118th	042	Laura	Gartry	OO Tri Club (Oswest	F	Open	00:11:51	232nd	00:49:57	61st	00:31:15	138th	01:33:03
119th	120	Martin	Lambert	none	M	Open	00:10:49	190th	00:52:31	106th	00:29:46	98th	01:33:06
120th	135	Mark	Woodall	Cobra Running & Tri	M	Open	00:09:03	100th	00:55:03	153rd	00:29:01	80th	01:33:07
121st	171	5th Christopher	Harrison	none	M	Vintage vets	00:09:18	115th	00:53:42	126th	00:30:17	111th	01:33:17
122nd	150	Simon	Schofield	none	M	Veterans	00:10:26	174th	00:53:09	119th	00:29:46	99th	01:33:21
123rd	116	Melanie	White	none	F	Open	00:09:57	160th	00:55:27	159th	00:28:01	61st	01:33:25
124th	284	Jonathan	Turner	none	M	Veterans	00:07:30	22nd	00:56:34	179th	00:29:26	93rd	01:33:30
125th	232	Michael	Barnsley	none	M	Veterans	00:08:31	72nd	00:54:49	150th	00:30:10	106th	01:33:30
126th	089	Jeremy	Kiff	none	M	Open	00:08:36	79th	00:55:06	155th	00:29:52	102nd	01:33:34
127th	177	Joanne	Carter	Tri Team Gloucester	F	Veterans	00:09:20	119th	00:53:48	128th	00:30:50	129th	01:33:58
128th	230	Mark	Donnelly	none	M	Veterans	00:09:06	104th	00:53:09	120th	00:31:46	153rd	01:34:01
129th	027	Brad	Milburn	none	M	Veterans	00:07:45	34th	00:58:43	211th	00:27:39	58th	01:34:07
130th	138	Mick	Pursglove	OO Tri Club (Oswest	M	Veterans	00:10:57	199th	00:51:01	82nd	00:32:16	170th	01:34:14
131st	254	Karen	Hoffman	Black Country Tri Clu	F	Open	00:07:33	29th	00:51:26	91st	00:35:33	223rd	01:34:32
132nd	231	Steven	Moore	none	M	Veterans	00:08:40	82nd	00:54:07	136th	00:31:46	154th	01:34:33
133rd	068	Christopher	Griffiths	Ludlow Tri Club	M	Vintage vets	00:09:32	129th	00:52:44	111th	00:32:21	173rd	01:34:37
134th	112	Matthew	Thomas	none	M	Open	00:09:47	150th	00:55:26	158th	00:29:45	97th	01:34:58
135th	004	Jenny	York	Mid Shropshire Whee	F	Super Vets	00:13:53	272nd	00:49:09	50th	00:31:59	160th	01:35:01
136th	260	Charlotte	Brock	Mid Shropshire Whee	F	Open	00:07:49	38th	00:54:02	135th	00:33:19	193rd	01:35:10
137th	074	Neil	Davies	none	M	Veterans	00:08:18	61st	00:52:02	98th	00:34:55	215th	01:35:15
138th	030	William	Elliott	none	M	Super Vets	00:12:36	257th	00:52:26	103rd	00:30:22	113th	01:35:24
139th	157	Richard	Pill	Ludlow Tri Club	M	Open	00:09:12	109th	00:57:25	192nd	00:28:49	78th	01:35:26
140th	241	Claire	Fitchett	OO Tri Club (Oswest	F	Open	00:08:24	66th	00:55:56	164th	00:31:07	135th	01:35:27

141st	271	Nick Barnes	none	M	Open	00:08:17	59th	00:56:12	171st	00:31:06	134th	01:35:35
142nd	062	Mark Deighton	Newport & District Ru	M	Super Vets	00:11:59	239th	00:54:31	142nd	00:29:14	87th	01:35:44
143rd	159	Simon Bremner	none	M	Open	00:10:05	166th	00:54:00	134th	00:31:42	150th	01:35:47
144th	265	Sonia Kemp	none	F	Open	00:09:56	159th	00:54:26	140th	00:31:32	147th	01:35:54
145th	198	Ian Taylor	none	M	Veterans	00:09:55	156th	00:52:04	100th	00:33:55	205th	01:35:54
146th	035	Guy Linley-Adams	none	M	Veterans	00:09:06	103rd	00:57:04	186th	00:29:47	100th	01:35:57
147th	207	Wayne Huntley	Team Psycho	M	Open	00:10:41	185th	00:53:59	133rd	00:31:21	141st	01:36:01
148th	163	Danni Evans	OO Tri Club (Oswest	F	Open	00:09:32	134th	00:56:11	170th	00:30:24	115th	01:36:07
149th	066	Les Morris	Hereford Tri Club	M	Open	00:10:50	191st	00:52:03	99th	00:33:20	195th	01:36:13
150th	082	Jon Vann	none	M	Veterans	00:09:55	153rd	00:57:40	195th	00:28:40	74th	01:36:15
151st	053	Gerard (We Adams	Playtime Productions	M	Veterans	00:08:34	74th	00:52:33	107th	00:35:16	220th	01:36:23
152nd	028	Graham Carless	Cross Fit Shropshire	M	Open	00:09:22	121st	00:56:41	182nd	00:30:29	121st	01:36:32
153rd	283	David Lindsay	none	M	Open	00:09:04	101st	00:54:14	138th	00:33:18	192nd	01:36:36
154th	071	Sarah Mawhinney	Mid Shropshire Whee	F	Veterans	00:11:15	211th	00:54:31	141st	00:30:50	130th	01:36:36
155th	133	Simon Bell	none	M	Open	00:10:29	176th	00:56:30	178th	00:29:52	101st	01:36:51
156th	158	Heather Streetly	none	F	Open	00:10:18	172nd	00:56:04	169th	00:30:40	125th	01:37:02
157th	259	Zara Burford	Ludlow Tri Club	F	Open	00:07:14	14th	00:57:51	199th	00:31:59	161st	01:37:04
158th	140	Stuart Clifford	Cobra Running & Tri	M	Open	00:08:27	67th	00:56:47	183rd	00:31:53	159th	01:37:07
159th	088	William Joh Thomas	none	M	Open	00:08:34	75th	00:56:21	175th	00:32:15	169th	01:37:10
160th	137	Neil Taylor	Croft Ambrey Running	M	Super Vets	00:11:08	208th	00:55:52	163rd	00:30:26	118th	01:37:26
161st	040	Ian Yarroll	none	M	Super Vets	00:12:45	261st	00:56:34	180th	00:28:13	66th	01:37:32
162nd	175	Bill Hatfield	none	M	Super Vets	00:09:18	116th	00:55:57	165th	00:32:20	171st	01:37:35
163rd	085	John Sullivan	none	M	Super Vets	00:10:37	182nd	00:50:15	66th	00:36:45	236th	01:37:37
164th	087	Matthew Moreman	none	M	Open	00:11:06	204th	00:53:52	132nd	00:32:44	178th	01:37:42
165th	234	Greg Fallon	none	M	Veterans	00:08:56	92nd	00:50:44	75th	00:38:09	251st	01:37:49
166th	244	Barbara Cole	SY Tri	F	Super Vets	00:08:29	69th	00:58:46	212th	00:30:39	124th	01:37:54
167th	061	Rebecca Fawkes	Worcester Athletics C	F	Open	00:11:24	218th	00:56:25	176th	00:30:18	112th	01:38:07
168th	235	Sally Mawhinney	none	F	Veterans	00:09:16	111th	00:55:59	166th	00:32:55	183rd	01:38:10
169th	168	Jim Boyle	none	M	Super Vets	00:08:59	95th	00:55:35	160th	00:33:37	200th	01:38:11
170th	218	Lenka Moore	none	F	Open	00:09:03	98th	00:58:20	208th	00:30:53	131st	01:38:16
171st	227	Mike Parry-Power	Hereford Tri Club	M	Veterans	00:08:48	89th	00:51:37	94th	00:37:55	246th	01:38:20
172nd	015	Hugh Davies	none	M	Open	00:12:32	255th	00:56:00	167th	00:29:56	104th	01:38:28
173rd	242	Chris Hotchkiss	Redditch Tri Club	M	Super Vets	00:08:42	83rd	00:55:17	156th	00:34:40	210th	01:38:39
174th	086	Gwyn Jones	none	M	Super Vets	00:09:28	128th	00:56:20	174th	00:32:58	184th	01:38:46
175th	115	Rebecca Barningham	none	F	Open	00:11:11	209th	00:55:48	161st	00:31:51	156th	01:38:50
176th	114	Frank Szablewski	none	M	Super Vets	00:10:42	186th	00:56:03	168th	00:32:14	168th	01:38:59
177th	070	Jonathan Mayglothing	Ludlow Tri Club	M	Open	00:10:45	187th	00:55:20	157th	00:33:05	187th	01:39:10
178th	110	John Williams	Cerist Tri Club	M	Super Vets	00:11:15	213th	00:55:49	162nd	00:32:09	166th	01:39:13
179th	092	David Brearley	Redditch Tri Club	M	Vintage vets	00:12:41	260th	00:52:55	116th	00:33:39	201st	01:39:15

180th	036	Michael	Owen	Telford Harriers Tri C	M	Super Vets	00:11:32	222nd	00:55:04	154th	00:32:46	180th	01:39:22	
181st	052	Anderson	Hirst	Playtime Productions	M	Veterans	00:09:32	133rd	00:59:09	215th	00:30:43	127th	01:39:24	
182nd	124	Fenella	Nicholas	none	F	Veterans	00:10:38	184th	00:57:51	200th	00:30:57	132nd	01:39:26	
183rd	205	Humphrey	Dunn	none	M	Veterans	00:09:06	102nd	00:56:38	181st	00:33:52	203rd	01:39:36	
184th	229	Lucy	Dalton	none	F	Open	00:09:17	114th	01:03:02	248th	00:27:24	51st	01:39:43	
185th	197	Michael	Bayliss	none	M	Veterans	00:10:30	177th	00:57:29	193rd	00:31:44	152nd	01:39:43	
186th	063	Chris	Tibble	none	M	Open	00:11:18	215th	00:54:41	146th	00:33:45	202nd	01:39:44	
187th	029	John	Lawson	none	M	Super Vets	00:12:41	259th	00:57:10	189th	00:30:11	107th	01:40:02	
188th	060	Mike	Sprason	Telford Harriers Tri C	M	Super Vets	00:09:45	148th	00:57:05	187th	00:33:16	190th	01:40:06	
189th	098	2nd	Peter	Norman	Wreccsam Tr	M	Vintage vets	00:11:46	228th	00:51:17	90th	00:37:24	239th	01:40:27
190th	134	Paul	Jones	none	M	Open	00:11:47	229th	00:58:10	204th	00:30:35	123rd	01:40:32	
191st	188	Peter	Lines	Ludlow Tri Club	M	Super Vets	00:10:15	169th	00:59:06	214th	00:31:26	145th	01:40:47	
192nd	263	Jason	King	none	M	Open	00:08:21	64th	00:56:51	184th	00:35:47	226th	01:40:59	
193rd	194	Rob	Boulton	none	M	Veterans	00:09:55	155th	00:59:10	217th	00:32:01	162nd	01:41:06	
194th	079	Anna	Bayliss	none	F	Veterans	00:12:33	256th	00:54:44	147th	00:34:13	207th	01:41:30	
195th	080	Simon	Platt	none	M	Veterans	00:11:15	212th	00:56:30	177th	00:33:55	204th	01:41:40	
196th	293	Emily	Benson	none	F	Open	00:08:06	51st	00:59:10	216th	00:34:40	211th	01:41:56	
197th	047	Jo	Lord	Hay Hotfooters	F	Veterans	00:11:35	225th	00:59:20	219th	00:31:15	137th	01:42:10	
198th	167	Claire	Pugh	SY Tri	F	Open	00:09:40	140th	00:56:12	172nd	00:36:24	233rd	01:42:16	
199th	130	Robert	Stirling	none	M	Veterans	00:11:54	234th	00:57:25	191st	00:32:59	185th	01:42:18	
200th	132	Edward	Coley	none	M	Veterans	00:09:00	96th	00:58:32	209th	00:34:52	213th	01:42:24	
201st	160	Di	Clack	none	F	Open	00:11:20	216th	00:57:50	198th	00:33:30	199th	01:42:40	
202nd	097	10th	Bill	Hawkes	Tri Team Gloucester	M	Vintage vets	00:12:07	245th	00:54:46	149th	00:36:00	230th	01:42:53
203rd	240	Janice	Curtis	Pontsbury Tri Club	F	Veterans	00:09:08	107th	00:58:00	203rd	00:35:52	228th	01:43:00	
204th	164	Linda	Arthan	OO Tri Club (Oswest	F	Super Vets	00:09:33	137th	00:57:47	197th	00:35:54	229th	01:43:14	
205th	077	Jill	Johnson	none	F	Veterans	00:10:50	193rd	00:57:45	196th	00:35:06	217th	01:43:41	
206th	101	Richard	Bell	none	M	Super Vets	00:10:54	197th	00:58:32	210th	00:34:29	209th	01:43:55	
207th	025	Liza	Austin	none	F	Veterans	00:11:48	230th	00:58:19	206th	00:34:15	208th	01:44:22	
208th	090	Karen	Owens	OO Tri Club (Oswest	F	Veterans	00:10:50	194th	01:00:29	225th	00:33:27	198th	01:44:46	
209th	024	Rob	Mullen	none	M	Open	00:11:50	231st	00:57:51	201st	00:35:08	218th	01:44:49	
210th	033	Chris	Owen	SY Tri	M	Open	00:12:06	243rd	00:53:10	121st	00:39:40	261st	01:44:56	
211th	096	Richard	Danby	none	M	Super Vets	00:12:19	249th	01:01:21	234th	00:31:21	142nd	01:45:01	
212th	109	Hannah	Lenton	Brat Tri Club	F	Open	00:10:36	180th	00:59:31	222nd	00:35:18	221st	01:45:25	
213th	264	Nicky	Bond	none	F	Open	00:08:35	76th	00:59:21	220th	00:37:30	242nd	01:45:26	
214th	195	Gary	Wilcox	none	M	Veterans	00:09:38	138th	00:57:07	188th	00:38:54	255th	01:45:39	
215th	045	Emma	Rawlins	Hay Hotfooters	F	Veterans	00:11:02	203rd	00:58:17	205th	00:36:24	234th	01:45:43	
216th	099	Kaye	Simpson	none	F	Open	00:12:07	244th	01:02:21	243rd	00:31:21	143rd	01:45:49	
217th	009	Dean	Thomas	none	M	Veterans	00:15:00	277th	00:57:51	202nd	00:33:21	196th	01:46:12	
218th	152	Nich	Bone	none	M	Open	00:11:41	226th	01:05:37	265th	00:29:02	81st	01:46:20	

219th	044	Steve	Roberts	none	M	Open	00:12:21	253rd	01:01:44	238th	00:32:22	174th	01:46:27	
220th	012	6th	Douglas	Davies	none	M	Vintage vets	00:13:28	270th	01:00:07	224th	00:32:55	182nd	01:46:30
221st	038	Emily	Allan	none	F	Veterans	00:12:00	240th	00:58:59	213th	00:35:42	225th	01:46:41	
222nd	023	Roger	Shaw	none	M	Super Vets	00:12:20	252nd	01:02:22	245th	00:32:03	163rd	01:46:45	
223rd	113	Tony	Dooley	City of Chester Tri Cl	M	Super Vets	00:11:31	221st	00:57:21	190th	00:38:05	250th	01:46:57	
224th	182	Simon	Williams	Cobra Running & Tri	M	Veterans	00:10:53	196th	00:53:50	129th	00:42:16	272nd	01:46:59	
225th	217	Lynne	Stuart	Arfon Masters	F	Super Vets	00:09:46	149th	01:01:36	236th	00:35:48	227th	01:47:10	
226th	144	Katherine	Drabble	Hereford Tri Club	F	Open	00:09:22	123rd	01:01:31	235th	00:36:18	232nd	01:47:11	
227th	043	Anita	Capewell	none	F	Veterans	00:10:45	188th	01:00:55	230th	00:35:36	224th	01:47:16	
228th	094	Barbara	Somers	SY Tri	F	Super Vets	00:10:03	164th	00:59:46	223rd	00:37:29	241st	01:47:18	
229th	075	Jez	Hammond	none	M	Veterans	00:12:20	250th	00:54:56	152nd	00:40:14	262nd	01:47:30	
230th	125	Ceri	McCann	none	F	Open	00:10:06	167th	01:04:23	257th	00:33:07	188th	01:47:36	
231st	262	Peter	Udall	none	M	Open	00:10:05	165th	01:09:59	277th	00:27:34	54th	01:47:38	
232nd	002	Robert	Hall	none	M	Veterans	00:12:03	241st	00:59:25	221st	00:36:15	231st	01:47:43	
233rd	108	Keith	Taylor	none	M	Super Vets	00:11:16	214th	01:01:02	231st	00:35:31	222nd	01:47:49	
234th	173	Colin	Biddulph	none	M	Super Vets	00:10:50	192nd	00:56:19	173rd	00:41:24	270th	01:48:33	
235th	249	Alison	Lamputt	none	F	Super Vets	00:09:42	146th	01:04:08	254th	00:34:46	212th	01:48:36	
236th	190	Chris	Lawley	none	M	Super Vets	00:12:59	264th	01:02:21	244th	00:34:01	206th	01:49:21	
237th	199	Charlotte	Martindale	Shrewsbury Masters	F	Open	00:09:55	157th	00:59:17	218th	00:40:16	264th	01:49:28	
238th	123	Deena	Hallewell	none	F	Open	00:12:39	258th	01:01:51	241st	00:34:59	216th	01:49:29	
239th	081	Annette	Loveday	none	F	Veterans	00:13:17	267th	01:03:29	250th	00:32:49	181st	01:49:35	
240th	122	James	Mcintosh	none	M	Veterans	00:08:57	93rd	01:03:13	249th	00:37:34	244th	01:49:44	
241st	149	Jan	Davies	none	F	Veterans	00:10:57	198th	01:06:08	267th	00:33:03	186th	01:50:08	
242nd	220	Alexandra	Whittard	Black Country Tri Clu	F	Veterans	00:08:43	84th	01:03:59	252nd	00:37:30	243rd	01:50:12	
243rd	139	Jenny	Senior	none	F	Open	00:12:13	248th	01:04:56	262nd	00:33:25	197th	01:50:34	
244th	011	Joy	Williams	none	F	Veterans	00:13:16	266th	01:04:52	261st	00:32:44	179th	01:50:52	
245th	007	David	Ingham	none	M	Veterans	00:16:00	280th	00:58:20	207th	00:37:11	238th	01:51:31	
246th	039	Stephen	Peck	none	M	Veterans	00:12:11	247th	01:00:34	226th	00:38:58	256th	01:51:43	
247th	093	Tina	Peck	SY Tri	F	Veterans	00:11:57	237th	01:02:28	246th	00:37:25	240th	01:51:50	
248th	118	Helen	Foot	Bournville Harriers	F	Open	00:10:03	163rd	01:09:26	275th	00:32:34	176th	01:52:03	
249th	091	Siân	Mitchelmore	Pontsbury Tri Club	F	Veterans	00:11:51	233rd	01:01:19	233rd	00:39:03	257th	01:52:13	
250th	156	Bowes	Rocke	Ludlow Tri Club	M	Veterans	00:09:41	141st	01:00:49	229th	00:41:46	271st	01:52:16	
251st	037	Victoria	Schofield	none	F	Open	00:12:24	254th	01:04:50	260th	00:35:12	219th	01:52:26	
252nd	203	Stephanie	Gaskell	SY Tri	F	Veterans	00:11:00	202nd	01:01:10	232nd	00:40:17	265th	01:52:27	
253rd	155	Sebastian	O'Dell	none	M	Open	00:09:28	127th	01:08:20	270th	00:34:53	214th	01:52:41	
254th	119	Lynne	Cook	SY Tri	F	Super Vets	00:11:54	235th	01:02:53	247th	00:38:21	252nd	01:53:08	
255th	020	3rd	Keith	Matthews	SY Tri	M	Vintage vets	00:13:23	269th	01:01:36	237th	00:38:41	253rd	01:53:40
256th	083	Melanie	Schofield	none	F	Veterans	00:13:58	273rd	01:01:51	240th	00:37:55	247th	01:53:44	
257th	105	Dilys	Stockton	Black Country Tri Clu	F	Open	00:11:55	236th	01:04:13	256th	00:37:38	245th	01:53:46	



	Sid	Littleworth	<i>none</i>	M	Veterans				No Show
	Abby	Maisey	Hereford Tri Club	F	Veterans				No Show
4th	Brian	Markham	<i>none</i>	M	Vintage vets				No Show
	Nick	Moran	<i>none</i>	M	Veterans				No Show
	Mary	Morton	Rhayade Running Cl	F	Open				No Show
	Sam	Mountain	SY Tri	M	Super Vets				No Show
	Paul	Ogilvie	<i>none</i>	M	Open				No Show
	Andrew	Parsons	Team AVS Tri Club	M	Veterans				No Show
	Andy	Wilkinson	Telford Harriers Tri C	M	Veterans				No Show
	Stan	Williams	Hereford Kayak Club	M	Super Vets				No Show
<b>Withdrawn</b>	John	Batchelor	Cobra Running & Tri	M	Vintage vets				<b>Withdrawn</b>
<b>Withdrawn</b>	Paul	Foster	<i>none</i>	M	Open				<b>Withdrawn</b>
<b>Withdrawn</b>	Wendy	Howells	Hereford Tri Club	F	Super Vets				<b>Withdrawn</b>
<b>Withdrawn</b>	Melanie	Oldacre	SY Tri	F	Super Vets				<b>Withdrawn</b>
<b>Withdrawn</b>	Allan	Wilson	SY Tri	M	Vintage vets				<b>Withdrawn</b>
<b>Withdrawn</b>	Justin	Wyke	SY Tri	M	Open				<b>Withdrawn</b>