

Time	Position	Number	M/F	Name	Cat	Club	Time
44.1	14	127	F	Emma McWilliams	FS	Mynydd Ddu	44.1
46.18	26	3	F	Nikki Hughes	FS		46.18
46.28	30	137	F	Roz Viner	FV35		46.28
48	46	87	F	Alyson Hayes	FV40	Les Croupiers	48
49.01	56	106	F	Anne Marie Harris	FV40	Mynydd Ddu	49.01
49.26	61	132	F	Sharon Woods	FV50	Mynydd Ddu	49.26
50.01	63	144	F	Jean Turner	FV50	Telford Harrierws	50.01
50.29	67	59	F	Mike Shaw	MV60	WVR	50.29
50.48	70	19	F	Helen Jones	FV40		50.48
51.39	76	126	F	Mandy Evans	FV45	Prestiegne Pacers	51.39
52.19	84	36	F	Elizabeth Mellet	FS		52.19
52.39	88	33	F	Davina Powell	FS		52.39
53.29	96	119	F	Julie Scholey	FV50	Les Croupiers	53.29
54.07	97	76	F	Esme Doyle	FV45	Spirit of Monmouth	54.07
54.24	98	78	F	Emma Burgess	FV35	Hay Hotfooters	54.24
54.57	100	80	F	Sarah Rees	FV45		54.57
55.04	102	23	F	Catherine West	FS	Forest of Dean Athletics	55.04
55.46	105	9	F	Julie Caseley	FV50	Malvern Joggers	55.46
55.46	106	84	F	Amanda Dawson	FV40	Malvern Joggers	55.46
55.5	107	61	F	Rachel Freeman	FV45		55.5
55.58	108	125	F	Justine Lee	FV40	Spirit of Monmouth	55.58
57.03	115	102	F	Alexandra Man	FS	Hay Hotfooters	57.03
57.39	119	85	F	Ruth Stanley	FV35		57.39
57.45	121	154	F	Lucy Thomas	FS	Wye Valley Runners	57.45
58.09	122	148	F	Claire Morgan	FV45	Forest of Dean Athletics	58.09
59.26	123	140	F	Jan Edwards	FV55	Wye Valley Runners	59.26
01:00:42	124	107	F	Cindy Froggatt	FV45	Dudley / Kingswinford	01:00:42
01:00:58	125	112	F	Sian Wigley	FV45	Rhondda Valley Runners	01:00:58
01:01:44	126	15	F	Laura Vickers	FV55	Ludlow Runners	01:01:44
01:01:51	128	62	F	Hilary O'Shea	FV60	Trail Runners Association	01:01:51
01:02:53	129	30	F	Peggy Male	FV35		01:02:53
01:04:54	131	72	F	Paula Randell	FS	Prestiegne Pacers	01:04:54
01:05:23	132	128	F	Christine Vorres	FV50	Mynydd Ddu	01:05:23
01:05:29	133	73	F	Vanessa Pegler	FV40		01:05:29
01:05:51	134	83	F	Deb Clee	FV35	Prestiegne Pacers	01:05:51
01:06:11	135	93	F	Kate Joseph	FS		01:06:11
01:06:48	136	44	F	Catherine Cambell	FV50		01:06:48
01:06:55	137	98	F	Donna Evans	FV45	Prestiegne Pacers	01:06:55
01:07:08	138	133	F	Amie Symes	FS		01:07:08
01:08:22	139	141	F	Sally Fletcher	FV35	Spirit of Monmouth	01:08:22
01:08:57	140	12	F	Deb Bufton	FV45	Ludlow Runners	01:08:57
01:12:49	141	94	F	Bev James	FV50	Team Treherne	01:12:49
01:16:44	143	49	F	Maggie Morris	FV45	Ludlow Runners	01:16:44
01:21:32	144	71	F	Gill Hiett	FV45		01:21:32
		2	F	Charlotte Allport	FS		
		4	F	Louise Edwards	FV35	WVR	
		41	F	Gillian Murphy	FV55	Les Croupiers	
		50	F	Lauren Shurety	FS		
		55	F	Rhiannon Davies	FS		
		58	F	Hazel Aulsebrook	MV45	Builth and District	
		69	F	Ellie Munro	FV50		
		81	F	Carrol Stocker	FV55	Prestiegne Pacers	